

## Siddrah Irfan

Assistant Professor

School of Social Sciences & Humanities

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## About

Dr. Siddrah Irfan is working as Assistant Professor in the School of Social Sciences & Humanities. Dr. Siddrah Irfan has a PhD in Attachment Relationships, Negative Automatic Thoughts, Psychological Problems Among Adolescents. Dr. Siddrah Irfan has published 7 research articles & conference papers having a citation count of 16, carried out 2 projects and filed 0 intellectual property.

## Qualifications

<b>PhD in Attachment Relationships, Negative Automatic Thoughts, Psychological Problems Among Adolescents</b> Universiti Putra Malaysia , Malaysia	2016 - 2020
<b>MPhil in Psychology</b> Quaid-i-Azam University , Pakistan	2008 - 2011
<b>MSc in Psychology</b> Quaid-i-Azam University , Pakistan	2006 - 2008
<b>BSc in Psychology chemistry, zoology</b> University of the Punjab , Pakistan	2003 - 2005

## Experience

<b>Assistant Professor</b> School of Social Sciences & Humanities	2025- Present
<b>Assistant Professor</b> School of Social Sciences & Humanities	2022 - 2020
<b>Lecturer</b> School of Social Sciences & Humanities	2020 - 2020
<b>Assistant Professor</b> School of Social Sciences & Humanities	2020 - 2022
<b>Lecturer</b> NUST Institute of Peace and Conflict Studies	2013 - 2022
<b>Lecturer</b> NIPCONS , PMA, Abottabad	2013 - 2016
<b>Visiting Faculty</b> Foundation University , Foundation University	2012 - 2012
<b>Research Officer</b> ISPR , ISPR, GHQ, RWP	2008 - 2012

## Awards

Best Session and Overall student presenter at ICOSS	2019
Awarded with Gold Medal in BSC	

Research Projects

National Projects

Inclusivity of Neuro-diverse Youngsters in higher education and employment: Data Driven Policy Solution2025

Funding Agency: RASTA, PIDE  
Amount: PKR 3,200,000.00  
Status: Approved\_inprocess

Exploring the Neurodevelopment Disorder Diagnosis Journey of Parents in Pakistan: Identification of Early Behavioral Signs, and role of physical, social, and home environment (structure of house and relationships, social support etc) and medicines taken during pregnancy2023

Funding Agency: NUST  
Amount: PKR 430,000.00  
Status: Approved\_inprocess

International Projects

- Coping with continuos traumatic stressers (gender discrimination, intersected discrimination and COVID-19): the will to exist, live, fight, resist and survive** 2025  
*Ibrahim Kira Siddrah Irfan Hanaa Shuwiekh Mireille Bujold-Bugeaud*  
*Current Psychology*, Pages 1-17  
**Impact Factor:** 2.500 | **Quartile:** 2  
**DOI:** <https://doi.org/10.1007/s12144-025-07828-6>
- Relationship of self-reported pica and avoidant restrictive food intake disorder symptomology with dimensions of impulsivity, perceived stress among Pakistani University students** 2023  
*Siddrah Irfan Sara Aleem Haqqi*  
*Journal of Eating Disorders*, Volume 12, Article Number: 10  
**Impact Factor:** 3.500 | **Quartile:** 1 | **Citations:** 2  
**DOI:** [10.1186/s40337-023-00956-z](https://doi.org/10.1186/s40337-023-00956-z)
- Pain and satisfaction: the case of isolated COVID-19 patients of Pakistan** 2021  
*Wajiha Haq Siddrah Irfan Syed Hassan Raza Waqar Ahmed Mian Alam Samia Wasif Muhammad Wasif Malik Saeed Ahmad*  
*PeerJ*, Volume 9, Article Number e11859  
**Impact Factor:** 3.061 | **Quartile:** 2 | **Citations:** 1  
**DOI:** <https://doi.org/10.7717/peerj.11859>
- Parent-peer attachment, negative automatic thoughts and psychological problems among Pakistani adolescents: A moderated mediation model** 2021  
*Siddrah Irfan Nor Sheereen Zulkefly*  
*Current Psychology*, 1-17  
**Impact Factor:** 2.387 | **Quartile:** 2 | **Citations:** 9  
**DOI:** <https://doi.org/10.1007/s12144-021-01599-6>
- A Pilot Study of Attachment Relationships, Negative Automatic Thoughts and Psychological Problems among College Students in Pakistan** 2020  
*Siddrah Irfan Nor Sheereen Zulkefly*  
*International Journal of Adolescent Medicine and Health*, Pages 1-6  
**Impact Factor:** 0 | **Citations:** 4  
**DOI:** <https://doi.org/10.1515/ijamh-2019-0264>
- The role of negative automatic thoughts as a mediator in the relationship between maternal attachment and depressive symptoms among late adolescents of Pakistan** 2019  
*Siddrah Irfan Nor Sheereen Zulkefly Tan Kit Aun Siti Irma Fadhillah Ismail*  
*Malaysian Journal of Medicine and Health Sciences*, Volume 15(SUPP1), Pages 21-29  
**Impact Factor:** 0  
**DOI:** NA
- Vocational Aspirations of High School Students** 2013  
*Sumara Masood Ul Hassan Shoaib Kiani Sidra Irfan*  
*ARPN Journal of Science and Technology*, Volume 3, No. 12, Pages 1189-1193  
**Impact Factor:** 0  
**DOI:** Nill

Editorial Activities

<b>BMC Nursing</b> Reviewed Papers for Journals <b>Impact Factor:</b> 3.1	2024
<b>International perspectives in psychology</b> Reviewed Papers for Journals <b>Impact Factor:</b> 1.1	2024
Reviewed Papers for Journals <b>Impact Factor:</b> 3.8	2024
Reviewed Papers for Journals <b>Impact Factor:</b> 3.24	2022
Reviewed Papers for Journals <b>Impact Factor:</b> 0.35	2020