

# Sara Farooq

Assistant Professor  
NUST Institute of Civil Engineering

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## About

Dr. Sara Farooq is working as Assistant Professor in the NUST Institute of Civil Engineering. Dr. Sara Farooq has a PhD in Structural Engineering. Dr. Sara Farooq has published 7 research articles & conference papers having a citation count of 80, carried out 0 projects and filed 0 intellectual property.

## Qualifications

<b>PhD in Structural Engineering</b> Nagoya University , Japan	2021 - 2024
<b>MSc in Structural Engineering</b> Hokkaido University , Japan	2014 - 2016
<b>BE in Structural Engineering</b> NUST, Islamabad , Pakistan	2009 - 2013
<b>F.Sc in Pre-Engineering</b> FBISE, Islamabad , Pakistan	2007 - 2009
<b>Matric (SSC) in Science</b> FBISE, Islamabad , pakistan (Duplicate)	2005 - 2007

## Experience

<b>Assistant Professor</b> NUST Institute of Civil Engineering	2025- Present
<b>Lecturer</b> NUST Institute of Civil Engineering	2025 - 2025
<b>Lecturer</b> NUST Institute of Civil Engineering	2022 - 2016
<b>Lecturer</b> NUST Institute of Civil Engineering	2022 - 2025
<b>Lecturer</b> NUST Institute of Civil Engineering	2016 - 2022
<b>Lecturer</b> NICE NUST , National University of Sciences and Technology, H-12	2022 - 2022
<b>Lecturer</b> NICE, NUST , H-12 Islamabad	2016 - 2021
<b>Senior Design Engineer</b> New Vision Engineering Consultants , F8 Markaz	2014 - 2014
<b>Design Engineer</b> Arif Consulting Engineers , Green trust tower, IBD	2013 - 2014

## Awards

<b>Outstanding Paper</b> Fourth International conference for sustainable construction materials and technologies, Award winning paper	2016
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Research Articles

<b>Estimation of anisotropy of expansion from crack orientation in concrete damaged by alkali–silica reaction under constraint conditions</b> <i>Sara Farooq Taito Miura Hikaru Nakamura</i> <i>Construction and Building Materials</i> , Volume:489, Article Number 142145 <b>Impact Factor:</b> 8.000   <b>Quartile:</b> 1 <b>DOI:</b> <a href="https://doi.org/10.1016/j.conbuildmat.2025.142145">https://doi.org/10.1016/j.conbuildmat.2025.142145</a>	2025
<b>Anisotropic expansion behavior and crack orientation of reinforced concrete due to the alkali–silica reaction</b> <i>Sara Farooq Gentaro Aoki Taito Miura Yuichiro Kawabata Hikaru Nakamura</i> <i>Cement and Concrete Composites</i> , Volume:151, Article Number 105568 <b>Impact Factor:</b> 10.8   <b>Quartile:</b> 1   <b>Citations:</b> 3 <b>DOI:</b> <a href="https://doi.org/10.1016/j.cemconcomp.2024.105568">https://doi.org/10.1016/j.cemconcomp.2024.105568</a>	2024
<b>Development of elastic and plastic strains in concrete damaged by alkali–silica reaction during various compression loading tests</b> <i>Sara Farooq Misato Fujishima Gentaro Aoki Taito Miura Hikaru Nakamura</i> <i>Construction and Building Materials</i> , Volume 393, Article Number 132099 <b>Impact Factor:</b> 7.400   <b>Quartile:</b> 1   <b>Citations:</b> 2 <b>DOI:</b> <a href="https://doi.org/10.1016/j.conbuildmat.2023.132099">https://doi.org/10.1016/j.conbuildmat.2023.132099</a>	2023
<b>Residual mechanical properties of steel fiber reinforced concrete damaged by alkali silica reaction and subsequent sodium chloride exposure</b> <i>Sara Farooq Hiroshi Yokota</i> <i>Ceramics International</i> , Volume:48, Issue:17, Page:24850-24858 <b>Impact Factor:</b> 5.2   <b>Quartile:</b> 1   <b>Citations:</b> 11 <b>DOI:</b> <a href="https://doi.org/10.1016/j.ceramint.2022.05.138">https://doi.org/10.1016/j.ceramint.2022.05.138</a>	2022
<b>Utilization of Solid Waste from Brick Industry and Hydrated Lime in Self-Compacting Cement Pastes</b> <i>Mati Ullah Shah Muhammad Usman Iqra Naseem Muhammad Usman Hanif Sara Farooq</i> <i>Materials</i> , Volume 14(5), Article Number 1109 <b>Impact Factor:</b> 3.748   <b>Quartile:</b> 1   <b>Citations:</b> 26 <b>DOI:</b> <a href="https://doi.org/10.3390/ma14051109">https://doi.org/10.3390/ma14051109</a>	2021
<b>Moving towards resource conservation by automated prioritization of concrete mix design</b> <i>Sara Farooq Khuram Rashid Alina Mahmood Sahar Iftikhar Aftab Ahmad</i> <i>Construction and Building Materials</i> , Volume 236, Article Number 117586 <b>Impact Factor:</b> 6.141   <b>Quartile:</b> 2   <b>Citations:</b> 38 <b>DOI:</b> <a href="https://doi.org/10.1016/j.conbuildmat.2019.117586">https://doi.org/10.1016/j.conbuildmat.2019.117586</a>	2020

Conference Proceedings

<b>Mechanical properties of steel fiber reinforced concrete damaged by ASR and subsequent corrosion of steel fiber</b> <i>Sara Farooq Hiroshi Yokota Katsufumi Hashimoto</i> <i>Fourth International Conference on Sustainable Construction Materials and Technologies, SCMT4</i> , res.country(233,) <b>Citations:</b> N/A <b>DOI:</b> N/A	2016
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