

Sumara Masood UI Hassan

Associate Professor

School of Social Sciences & Humanities

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About

Dr. Sumara Masood UI Hassan is working as Associate Professor in the School of Social Sciences & Humanities. Dr. Sumara Masood UI Hassan has a PhD in Developmental Psychology. Dr. Sumara Masood UI Hassan has published 23 research articles & conference papers having a citation count of 42, carried out 5 projects and filed 0 intellectual property.

Qualifications

PhD in Developmental Psychology Universiti Putra Malaysia , Pakistan	2016 - 2019
MPhil in Positive Psychology Quaid-i-Azam University , Pakistan	2009 - 2012
MSc in Behavioral Sciences Fatima Jinnah Women University , Pakistan	2003 - 2005

Experience

Associate Professor School of Social Sciences & Humanities	2025- Present
Assistant Professor School of Social Sciences & Humanities	2019- Present
Lecturer NUST Institute of Peace and Conflict Studies	2013 - 2019
Lecturer Fatima Jinnah women university Rawalpindi , Rawalpindi	2010 - 2013

Awards

1-Minute Thesis Competiti	2019
Graduated on Time Award	

Research Projects

National Projects

My Health, My Decision: Step Ahead towards Women's Empowerment in Pakistan Funding Agency: Swissnex Amount: PKR 1,562,573.00 Status: Approved_inprocess	2023
Quantifying the transmission routes of gastroenteritis in Pakistan and developing targeted interventions Funding Agency: Grand Challenge Research Fund, UK Amount: PKR 110,950,000.00 Status: Approved_inprocess	2020

International Projects

Gender, Intersectionality and Climate Change: From Scientific Evidence to Action Funding Agency: BMZ/GIZ-Deutsche Gesellschaft für Internationale Zusammenarbeit / German Development Agency, Germany Amount: PKR 22,042,138.00 Status: Approved_inprocess	2023
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Industry Projects

National Projects

NUST Personality Index(NPI)

Client: Training Budget

Amount: PKR 495,000.00

Status: Completed

Career Orientation Test Development

2020

Client: Merafuture

Amount: PKR 1,200,000.00

Status: Completed

International Projects

Research Articles

Enhancing Social Understanding in Middle Childhood: a Conversation Training Study

2025

Ifra Naz Sumbal Nawaz Sumara Masood UI Hassan

Child & Youth Care Forum, Pages:18

Impact Factor: 1.6 | **Quartile:** 4

DOI: doi.org/10.1007/s10566-025-09885-1

Pathways from Bullying To Suicidal Ideation in Adolescents: A Serial Mediation Approach

2025

Asfa Eman Amna Tauqeer Sumara Masood UI Hassan Ammara ali Bakhteyar Laraib Arif

Child and Adolescent Social Work Journal, Pages 1-11

Impact Factor: 1.400 | **Quartile:** 2

DOI: https://doi.org/10.1007/s10560-025-01015-z

Pathways from spousal bereavement to cognitive functioning in Pakistani older adults: Mediation role of social rhythms and moderating role of social support

2025

Ruba Izhar Sumara Masood UI Hassan

Australasian Journal on Ageing, Volume:44, Issue:1, Article Number e70003

Impact Factor: 1.400 | **Quartile:** 3

DOI: 10.1111/ajag.70003

The Relationship between Spousal Bereavement and Cognitive Functioning of Older adults: Social Support as a Moderator

2025

Zoya Waqas Areeba Aamir Maham Mehtab Ruba Izhar Sumara Masood UI Hassan

Foundation University Journal Of Psychology, Vol 9, No.1, Pages:13

Impact Factor: 0

DOI: https://fujp.fui.edu.pk/index.php/fujp/article/view/778

Coping Strain and Suicidal Ideation among Pakistani adolescents: A Moderated Mediation Model of Depression and Parental Connectedness

2024

Amna Tauqeer Asfa Eman Sumara Masood UI Hassan Laraib Arif Ammara Ali Bakhteyar

Pakistan Journal of Psychological Research, Vol. 39, No.4, 851-873

Impact Factor: N/A

DOI: https://doi.org/10.33824/PJPR.2024.39.4.46

Pathway from activity to cognitive functioning of community-dwelling older adults, the role of depressive symptomology

2024

Sumara Masood UI Hassan Hajra Akbar Sumbal Nawaz

Current Psychology, Pages 1-15

Impact Factor: 2.500 | **Quartile:** 2 | **Citations:** 2

DOI: https://doi.org/10.1007/s12144-024-06677-z

Meta-Analysis of the NICHD Investigative Interview Protocol for Child Sexual Abuse Cases

2024

Rohia Nusrat Sumbal Nawaz Sumara Masood UI Hassan

Foundation University Journal Of Psychology, Volume 8, No. 2, Pages 42-62

Impact Factor: N/A

DOI: https://doi.org/10.33897/fujp.v8i2.766

Depression, Self-Esteem, and Disordered Eating among Pakistani Adolescent Girls: The Mediating Role of Appearance Comparison and Internalization of Appearance Ideals

2024

- Ramla Zaid Malik Sumara Masood Ul Hassan Iraj Tariq
Child and Adolescent Social Work Journal, Pages 1-13
Impact Factor: 1.400 | **Quartile:** 2 | **Citations:** 2
DOI: 10.1007/s10560-024-00972-1
- Exploring disordered eating behaviours among adolescent girls in Islamabad, Pakistan** 2024
Ramla Zaid Malik Sumara Masood Ul Hassan Ruqia Safdar Bajwa
Khyber Medical University Journal, Volume 16, No. 2, Pages 91-96
Impact Factor: 0.200 | **Quartile:** 4
DOI: <https://doi.org/10.35845/kmuj.2024.23315>
- Role of father involvement and co-parenting relationship quality in social-emotional behaviors of children and adolescents in Pakistani cultural context. Research model moderated by father's working hours** 2024
Maham Khawaja Tamkeen Ashraf Malik Sumara Masood Ul Hassan
Current Psychology, Volume: 43, Pages: 17320-17331, Pages: 12
Impact Factor: 2.8 | **Quartile:** 2 | **Citations:** 3
DOI: 10.1007/s12144-024-05669-3
- Adult attachment and depressive symptoms among community-dwelling older parents: a moderated mediation model of cognitive reappraisal and social connectedness** 2023
Sumara Masood Ul Hassan Sadia Jilani Mahnoor Zubair
Current Psychology, Volume: 43, Pages: 8713-8726 Pages: 14
Impact Factor: 2.8 | **Quartile:** 2 | **Citations:** 5
DOI: 10.1007/s12144-023-05011-3
- Risk and Protective Factors of Suicidal Ideation among Eastern and Western Countries: A Systematic Review** 2023
Noor Ul Ain Muneeb Sumara Masood Ul Hassan
Foundation University Journal of Psychology, Volume 7, No. 2, Pages 58-72
Impact Factor: 0
DOI: <https://doi.org/10.33897/fujp.v7i2.639>
- Antibiotics induced changes in nitrogen metabolism and antioxidative enzymes in mung bean (*Vigna radiata*)** 2023
Mariam Fiaz Iftikhar Ahmed Sumara Masood Ul Hassan Adnan Khan Niazi Muhammad Faheem Khokhar Zeshan Muhammad Ansar Farooq Muhammad Arshad
Science of the Total Environment, Volume 873, Article Number 162449
Impact Factor: 10.753 | **Quartile:** 1 | **Citations:** 16
DOI: <http://dx.doi.org/10.1016/j.scitotenv.2023.162449>
- Reconceptualizing Severe Traumatic Stress Reactions of Children and Young People: A Resilience Perspective** 2022
Katherine E. Usman Sumara Masood Ul Hassan
International Journal on Human Rights, Volume 2 (Conference Issue), Pages 51-58
Impact Factor: 0
DOI: <https://www.vastbc.ca/articles/reconceptualizing-severe-traumatic-stress-reactions-of-children-and-young-people-a-resilience-perspective>
- Psychological strain and suicidal ideation in young university students during Covid-19 outbreak: the mediating roles of rumination and depression** 2022
Noor Ul Ain Muneeb Sumara Masood Ul Hassan
Current Psychology, Pages 1-12
Impact Factor: 2.387 | **Quartile:** 3 | **Citations:** 11
DOI: 10.1007/s12144-022-03551-8
- The Assessment of Knowledge, Attitude, and Practices (KAP) towards HIV/AIDS among the University Students of Twin Metropolitan Cities of Pakistan** 2022
Taskeen Aman Ejaz Momina Shafiq ur Rehman Uzma Malik Muhammad Anum Tahir Asma Raza Sadaf Javaid Rashida Bashir Ali Zalan Hassan Sumara Masood Ul Aneela Javed
Tobacco Regulatory Science, Volume 8, No. 1, Pages 1409-1424
Impact Factor: 2.024 | **Quartile:** 4
DOI: <https://tobreg.org/index.php/journal/article/view/846-1>
- Religiosity and Subjective Well-Being among Older Adults: A Systematic Review** 2021
Sumara Masood Ul Hassan

Impact Factor: 0

DOI: <https://atsk.website/atsk-journal-of-psychology/>

Emotional regulation as a mediator between the filial behaviour of the oldest son and subjective well-being of older parents in Pakistan 2019

Sumara Masood Ul Hassan Tengku Aizan Hamid Sharifah Azizah Haron Rahimah Ibrahim
Psychogeriatrics, Pages 1-11

Impact Factor: 1.750 | **Quartile:** 3 | **Citations:** 3

DOI: 10.1111/psyg.12458

A Systematic Review on Psychosocial Determinants of Elderly Subjective Wellbeing 2018

Sumara Masood Ul Hassan Tengku Aizan Hamid1 Sharifah Azizah Haron Rahimah Ibrahim
Mediterranean Journal of Social Sciences, Volume 9, No. 6, Pages 107-120

Impact Factor: 0

DOI: Doi: 10.2478/mjss-2018-0166

Vocational Aspirations of High School Students 2013

Sumara Masood Ul Hassan Shoaib Kiani Sidra Irfan

ARPN Journal of Science and Technology, Volume 3, No. 12, Pages 1189-1193

Impact Factor: 0

DOI: Nill

Conference Proceedings

Assessment of indoor air quality and sick building syndrome in medical center of University 2023

Shabana Bano Imran Hashmi Sumara Masood Ul Hassan

15th International Conference on Sustainable Energy & Environmental Protection "SEEP2023", res.country(231,)

Citations: N/A

DOI: Nil

Relationship between air quality index and meteorological parameter among the major cities of Pakistan 2022

Shabanabano Dr. Imran Hashmi Dr. Sumara

International Conference on chemical engineering, res.country(282,)

Citations: N/A

DOI: -

Religiosity and subjective well-being among older persons: A systematic review 2018

Sumara Masood Ul Hassan Tengku Aizan Hamid Sharifah Azizah Haron Rahimah Ibrahim

3rd International Research Conference on Economics, Business and Social Sciences 2018, res.country(157,)

Citations: N/A

DOI: N/A

Editorial Activities

Frontiers in Psychiatry 2024

Reviewed Papers for Journals

Impact Factor: 4.7

Pakistan Journal of Psychological Research 2022

Reviewed Papers for Journals

Impact Factor: 0

Reviewed Papers for Journals 2021

Reviewed Papers for Journals

Impact Factor: 1.548

Reviewed Papers for Journals 2020

Reviewed Papers for Journals

Reviewed Papers for Journals 2020

Trainings

UK Bioinformatics Training Workshop at the Earlham Institute, Norwich, UK

2023

Partner: United Kingdom Research and Innovation (UKRI) Medical Research Council (MRC) Grant Ref: MR/T030003/

Duration: 03-May-2023 to 26-Jun-2023

Epidemiological Research and Biostatistics

2023

Partner: GastroPak Project

Duration: 28-Apr-2023 to 26-May-2023