

## Sumbal Nawaz

Assistant Professor

School of Social Sciences & Humanities

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## About

Dr. Sumbal Nawaz is working as Assistant Professor in the School of Social Sciences & Humanities. Dr. Sumbal Nawaz has a PhD in Child Psychology. Dr. Sumbal Nawaz has published 10 research articles & conference papers having a citation count of 43, carried out 3 projects and filed 0 intellectual property.

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## Qualifications

<b>PhD in Child Psychology</b> Quaid-i-Azam University , Pakistan	2008 - 2015
<b>MPhil in Child Psychology</b> Quaid-i-Azam University , Pakistan	2005 - 2007
<b>MS in Psychology</b> Fatima Jinnah Women University , Pakistan	2002 - 2005

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## Experience

<b>Assistant Professor</b> School of Social Sciences & Humanities	2017- Present
<b>Assistant Professor</b> School of Social Sciences & Humanities	2016 - 2017
<b>Visiting Faculty</b> COMSATS , Park Rd, Islamabad, Islamabad Capital Territory 45550	2015 - 2016
<b>Visiting Lecturer</b> Fatima Jinnah Women University , Rawalpindi	2005 - 2006

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## Research Projects

### National Projects

<b>Implementation of School Based Universal Preventive Intervention: Prevention of Disruptive Behavior in Children</b> <b>Funding Agency:</b> HEC <b>Amount:</b> PKR 3,070,000.00 <b>Status:</b> Completed	2019
<b>Predictors of Children's Behavior Problem: Role of Maternal Mind-Mindedness</b> <b>Funding Agency:</b> Higher Education Commission of Pakistan <b>Amount:</b> PKR 255,000.00 <b>Status:</b> Completed	2016

### International Projects

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## Industry Projects

### National Projects

<b>NUST Personality Index(NPI)</b> <b>Client:</b> Training Budget <b>Amount:</b> PKR 495,000.00 <b>Status:</b> Completed
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### International Projects

- Enhancing Social Understanding in Middle Childhood: a Conversation Training Study** 2025  
*Ifra Naz Sumbal Nawaz Sumara Masood UI Hassan*  
*Child & Youth Care Forum*, Pages:18  
**Impact Factor:** 1.6 | **Quartile:** 4  
**DOI:** doi.org/10.1007/s10566-025-09885-1
- Understanding Fairness: How Pakistani Children Make Fairness Judgments** 2025  
*Sumbal Nawaz Rida Hamid*  
*Foundation University Journal of Psychology*, Volume 9, No.1, Pages 44-58  
**Impact Factor:** N/A  
**DOI:** https://doi.org/10.33897/fujp.v9i1.857
- Pathway from activity to cognitive functioning of community-dwelling older adults, the role of depressive symptomology** 2024  
*Sumara Masood UI Hassan Hajra Akbar Sumbal Nawaz*  
*Current Psychology*, Pages 1-15  
**Impact Factor:** 2.500 | **Quartile:** 2 | **Citations:** 2  
**DOI:** https://doi.org/10.1007/s12144-024-06677-z
- Emotional understanding: a training study with Pakistani preschoolers** 2024  
*Tuba Rahna Sumbal Nawaz Salma Parveen Siddiqui Professor Charlie Lewis*  
*European Journal of Developmental Psychology*, Pages 1-18  
**Impact Factor:** 1.900 | **Quartile:** 3  
**DOI:** 10.1080/17405629.2024.2398179
- Meta-Analysis of the NICHD Investigative Interview Protocol for Child Sexual Abuse Cases** 2024  
*Rohia Nusrat Sumbal Nawaz Sumara Masood UI Hassan*  
*Foundation University Journal Of Psychology*, Volume 8, No. 2, Pages 42-62  
**Impact Factor:** N/A  
**DOI:** https://doi.org/10.33897/fujp.v8i2.766
- What does the Strange Stories test measure? Developmental and within-test variation** 2023  
*Sumbal Nawaz Charlie Lewis Andrea Townson Peidong Mei*  
*Cognitive Development*, Volume 65, Article Number 101289  
**Impact Factor:** 1.897 | **Quartile:** 4 | **Citations:** 8  
**DOI:** https://doi.org/10.1016/j.cogdev.2022.101289
- Association between Theory of Mind and Peer Problems** 2021  
*Sumbal Nawaz Maham Abdullah Sadaf Rehman Shamaila Asad Samia Khalid*  
*Journal of Professional and Applied Psychology*, Volume 2(2), Pages 120-133  
**Impact Factor:** N/A  
**DOI:** https://doi.org/10.52053/jpap.v2i2.51
- Mother–child conversation and social understanding in Pakistan** 2018  
*Charlie Lewis Sumbal Nawaz*  
*International Journal of Behavioral Development*, Volume 42, Issue 5, Pages 496-505  
**Impact Factor:** 2.015 | **Quartile:** 2 | **Citations:** 9  
**DOI:** 10.1177/0165025417741365
- ‘Theory of mind’ development of Pakistani children: Do preschoolers acquire an understanding of desire, pretence and belief in a universal sequence?** 2015  
*Sumbal Nawaz Rubina Hanif Charlie Lewis*  
*European Journal of Developmental Psychology*, Volume 12, Issue 2, Pages 177-188  
**Impact Factor:** 0.792 | **Quartile:** 4 | **Citations:** 13  
**DOI:** 10.1080/17405629.2014.973843
- Work-family interface and its relationship with job performance: The moderating role of conscientiousness and agreeableness** 2014  
*Sahira Zaman Anis-ul-Haque Sumbal Nawaz*  
*South African Journal of Psychology*, Volume 44, Issue 4, Pages 528-538  
**Impact Factor:** 0.473 | **Quartile:** 4 | **Citations:** 11  
**DOI:** 10.1177/0081246314541439

Editorial Activities

<b>DEVELOPMENTAL PSYCHOLOGY</b> Reviewed Papers for Journals <b>Impact Factor:</b> 3.1	2025
<b>European Journal of Developmental Psychology</b> Reviewed Papers for Journals <b>Impact Factor:</b> 1.9	2025
<b>Child Development</b> Reviewed Papers for Journals <b>Impact Factor:</b> 5.024	2023
<b>COGNITIVE DEVELOPMENT</b> Reviewed Papers for Journals <b>Impact Factor:</b> 1.89	2022