

# Amna Faruqi

Professor

NUST School of Health Sciences

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## About

Dr. Amna Faruqi is working as Professor in the NUST School of Health Sciences. Dr. Amna Faruqi has published 22 research articles & conference papers having a citation count of 3, carried out 0 projects and filed 0 intellectual property.

## Qualifications

### FCPS in Physiology

2018 - 2021

College of Physicians and Surgeons Pakistan , Pakistan

### MPhil in Physiology

2011 - 2015

Zia-ud-Din Medical University , Pakistan

### MBBS in Medicine surgery

1986 - 1992

Rawalpindi Medical University , Pakistan

## Experience

### Professor

2025- Present

NUST School of Health Sciences

### Associate Professor

2023 - 2023

NUST School of Health Sciences

### Associate Professor

2020 - 2023

Islamabad Medical & Dental College , Wadi-ul-ilm,Main Murree road,Bharakahu,Islamabad

### Assistant Professor

2015 - 2020

Islamabad Medical & Dental college , Wadi-ul-Ilm,Main Murree road, Bharakahu, Islamabad

### Demonstrator/Instructor

2011 - 2015

Ziauddin University , Ziauddin University, Clifton Campus,Karachi

## Research Articles

### Whole Stevia leaf powder or Rebaudioside A; Effects of supplementation on obesity induced oxidative stress.

2024

Amna Faruqi Sadia Mubarak Sikander Subuctageen Tooba Zafar Saima Latif Qureishi Asma Irfan

Rawal Medical Journal, Volume 49, No. 4, Pages 1-4

Impact Factor: 0.400 | Quartile: 3

DOI: <https://www.rmj.org.pk/fulltext/27-1699252840.pdf?1738924211>

### Iron overload and liver function in patients with beta thalassemia major: A cross sectional study

2024

Amna Faruqi Tooba Zafar Sikander Subuctageen Irfan Afzal Mughal

Pakistan Journal of Medical Sciences, Volume 40, No. 9, Pages 2000-2004

Impact Factor: 1.200 | Quartile: 2 | Citations: 3

DOI: <https://doi.org/10.12669/pjms.40.9.8961>

### Potential restoration of fatty liver enzymes with stevia rebaudiana.

2024

Sadia Mubarak Amna Faruqi Saima Latif Qureishi Tooba Zafar Irfan Afzal Mughal Asma Irfan

Pakistan Journal of Physiology, Volume 20(1), Pages 22-25

Impact Factor: N/A

DOI: <https://doi.org/10.69656/pjp.v20i1.1622>

### Association of Maternal Age and Hemoglobin Level with Apgar Score of Newborns in a Tertiary Care Hospital Of Suburbs Of Islamabad

2023

Mohammad Hassan Farooq Afnan Rizwan Irfan Afzal Mughal Syed Haider Raza Rizvi Amna Faruqi Asma Irfan

**Impact Factor:** N/A

**DOI:** <https://www.journalrmc.com/index.php/JRMC/article/view/2329>

**Comparative Effects of Whole Stevia Leaf and Rebaudioside A on Oxidative Stress in Male Obese Sprague Dawley Rats**

2023

*Sadia Mubarak Amna Faruqi Bushra Riaz Tallat Noureen Ujala Ali Irfan ul Akbar Yousafzai*

*Pakistan Journal of Medicine and Health Sciences*, Volume 17(02), Pages 187-189

**Impact Factor:** N/A

**DOI:** <https://doi.org/10.53350/pjmhs2023172187>

**Effect of oral intake of Stevia Leaf Powder on Body Weight–An experimental study**

2022

*Amna Faruqi Sikander Subuctageen Irfan Afzal Mughal Shahida Parveen Tooba Zafar Asma Irfan*

*Journal of Rawalpindi Medical College*

**Impact Factor:** N/A

**DOI:** <https://doi.org/10.37939/jrmc.v26i4.1993>

**Effect of Estrogen on Bronchiolar Smooth Muscle and Peri-Bronchial Lymphocytic Infiltration in Adult Male Mice.**

2022

*Mamoona Shafiq Amna Faruqi Qurat ul Ain Zia Erum Afaq Sadia Mubarak Tooba Zafar*

*Pakistan Journal of Medical and Health Sciences*, Volume 16, No. 8, Pages 317-320

**Impact Factor:** N/A

**DOI:** <https://doi.org/10.53350/pjmhs22168317>

**Exogenous Progesterone Produces Significant Histomorphological Changes in the Lungs of Experimental BALB/c Mice**

2022

*Mamoona Shafiq Eram Afaq Tooba Zafar Mehwish Qamar Saima Latif Qureishi Amna Faruqi*

*Pakistan Journal of Medical and Health Sciences*, Volume 16, No. 8, Pages 338-341

**Impact Factor:** N/A

**DOI:** <https://doi.org/10.53350/pjmhs22168338>

**Soft Drinks Intake is Associated with Obesity and Urine Disorders in Medical Students**

2022

*Irfan Afzal Mughal Shahida Parveen Amna Faruqi Muhammad Saqlain Azam Mohammad Riaz Shahbaz Asma Irfan*

*Pakistan Journal of Medical and Health Sciences*, Volume 16, No. 7, Pages 49-51

**Impact Factor:** N/A

**DOI:** <https://doi.org/10.53350/pjmhs2216749>

**Levocarnitine Supplementation Affects Adiponectin and Serum Lipid Levels in Type 2 Diabetic Mice"**

2022

*Shahida Parveen Irfan Afzal Mughal Noor ul ain Irfan Ilqa Attique Ahmed Amna Faruqi Asma Irfan*

*Pakistan Journal of Medical and Health Sciences*, Volume 16, No. 5, Pages 324-325

**Impact Factor:** N/A

**DOI:** <https://doi.org/10.53350/pjmhs22165324>

**Association Of Cyp24a1Gene, Vitamin D Deficiency And Heart Diseases In Pakistani Patients**

2022

*Irfan Afzal Mughal Noor ul Ain Irfan Saira Saider Sadia Moazzam Amna Faruqi Asma Irfan Muhammad Ismail*

*Journal of Experimental and Clinical Medicine (JECM)*, Volume 39(2), Pages 497-502

**Impact Factor:** N/A

**DOI:** <http://dx.doi.org/10.52142/omujecm.39.2.37>

**Psychological impact of the third wave of covid-19 and infodemics on mental health of medical teachers of Islamabad, Pakistan.**

2021

*Irfan Afzal Mughal Noor ul Ain Irfan Asma Irfan Amna Faruqi Saima Latif Qureishi Tooba Zafar*

*Rawal Medical Journal*, Volume 46, No. 4, Pages 970-973

**Impact Factor:** N/A

**DOI:** <https://www.rmj.org.pk/?mno=94127>

**Alanine Transaminase levels in Patients of Dengue Fever in the Suburbs of Islamabad**

2021

*Hassan Mumtaz Irfan Afzal Mughal Amna Faruqi Noor ul Ain Irfan Shamim Mumtaz Asma Irfan*

*Journal of Rawalpindi Medical College*, Volume 25(3), Pages 386-389

**Impact Factor:** N/A

**DOI:** <https://doi.org/10.37939/jrmc.v25i3.1619>

**Impact of COVID-19 on Antenatal, Natal, and Postnatal Care of pregnant females at Akbar Niazi Teaching Hospital**

2021

*Nadia Jabeen Fareeha Zaheer Kinza Ali Amna Faruqi Irfan Afzal Mughal Asma Irfan*

**Impact Factor:** N/A

**DOI:** <http://dx.doi.org/10.37939/jrmc.v25i1.1471>

**Vitamin D deficiency found in young females suffering from heart diseases**

2020

*Irfan Afzal Mughal Amna Faruqi Asma Irfan Saima Latif Qureishi Tooba Zafar Mohd Ismail*

*Medical Forum*, Volume 31, No. 1, Pages 94-98

**Impact Factor:** N/A

**DOI:** 15. Mughal IA, Faruqi A, Irfan A. "Vitamin D deficiency found in young females suffering from heart diseases". *Med Forum* 2020;31(1):94-98.

**Fetal outcomes of Preeclampsia**

2020

*Asma Irfan Irfan Afzal Mughal Amna Faruqi Saima Latif Qureishi Tooba Zafar*

*Medical Forum*, Volume 31, No. 1, Pages 79-82

**Impact Factor:** N/A

**DOI:** Irfan A, Mughal IA, Faruqi A, Qureshi SL, Zafar T. Fetal Outcomes of Preeclampsia. *Med Forum* 2020;31(1):79-82

**Effect of Demographic and Clinical Variables on Nt-ProBNP**

2017

*Sofia Amjad Sobia Moazzam Amna Faruqi*

*Pakistan Journal of Medicine and Dentistry*, Vol. 6 No. 4, Pages 11-14

**Impact Factor:** N/A

**DOI:** <http://ojs.zu.edu.pk/ojs/index.php/pjmd/article/view/14>

**Association between Gly460Trp Polymorphism of  $\alpha$ Adducin Gene and Risk Factors in Hypertensive**

2016

**Pakistani Population**

*Qurat ul Ain Zia Mamoon Shafiq Amna Faruqi Hamid Ali*

*Journal of Islamabad Medical and Dental College*, Volume 5(4), Pages 154-156

**Impact Factor:** N/A

**DOI:** <https://jimdc.org.pk/index.php/JIMDC/article/view/119>

**Evaluation of QT Parameters In Patients Of Thalassemia Major With Iron Overload"**

2016

*Amna Faruqi Syed Imran Ahmed Syed Tausif Ahmed*

*Journal of Pakistan Medical Association*, Volume 66(7), Pages 799-802

**Impact Factor:** 0.616 | **Quartile:** 4

**DOI:** <https://pubmed.ncbi.nlm.nih.gov/27427125/>

**Electrocardiographic Changes in Thalassemia Major Patients and their Association with Serum Ferritin**

2015

**Levels**

*Amna Faruqi Sofia Amjad Ahmed Nurus Sami Sobia Hassan Qurat ul Ain Zia*

*Journal of Rawalpindi Medical College*, Volume 19(3), Pages 185-188

**Impact Factor:** N/A

**DOI:** <https://www.journalrmc.com/index.php/JRMC/article/view/233>

**Association of Serum Ferritin Levels with Haematological Parameters in Thalassaemia Major Patients**

2014

*Amna Faruqi Syed Tausif Ahmed Farah Ahmed*

*Journal of Rawalpindi Medical College*, Volume 18(2), Pages 219-221

**Impact Factor:** N/A

**DOI:** <https://www.journalrmc.com/index.php/JRMC/article/view/343>

**Early detection of cardiac iron overload in thalassemia major patients.**

2014

*Amna Faruqi Syed Imran Ahmed Syed Tausif Ahmed*

*Journal of Rawalpindi Medical College*, Volume 18(1), Pages 166-169

**Impact Factor:** N/A

**DOI:** <https://journals.indexcopernicus.com/api/file/viewByFileId/619573>