

Roomisa Anis

Associate Professor
NUST School of Health Sciences
Email: roomisa.anis@nshs.nust.edu.pk
Contact: 0518481004



About

Dr. Roomisa Anis is working as Associate Professor in the NUST School of Health Sciences. Dr. Roomisa Anis has published 20 research articles & conference papers, carried out 0 projects and filed 0 intellectual property.

Qualifications

MPhil in BIOCHEMISTRY Isra University , Pakistan	2014 - 2016
MBBS in SURGERY, MEDICINE Bahria University , Pakistan	2002 - 2007

Experience

Associate Professor NUST School of Health Sciences	2023- Present
ASSOCIATE PROFESOR AL NAFEES MEDICAL COLLEGE , AL NAFEES MEDICAL COLLEGE, Farash Town Phase 2 Islamabad	2022 - 2023
ASSISSTANT PROFESOR AL NAFEES MEDICAL COLLEGE , AL NAFEES MEDICAL COLLEGE, Farash Town Phase 2 Islamabad	2016 - 2021

Research Articles

Prevalence of Subclinical Hypothyroidism in Pregnant Females in Three Trimesters: A Cross-Sectional Study <i>Beenish Zafar Ayesha Shafqat Roomisa Anis Misbah Batool Rashad Mehmood</i> <i>BMC Journal of Medical Sciences</i> , Volume 5(2), Pages 89-94 Impact Factor: N/A DOI: https://doi.org/10.70905/bmcj.05.02.0428	2024
Impact of Metabolic Dysfunction-Associated Fatty Liver Disease on the Prognosis of Patients With Hepatocellular Carcinoma After Radical Resection: A Retrospective Study <i>Fizza Arshad Muhammad Asad Hamza Wakil Saadia Zainab Roomisa Anis Sanjay Kirshan Kumar Hamza Naseer Butt Sana Sehar Lodhi Mahwash Mansoor</i> <i>Cureus Journal of Medical Science</i> , Volume 16(12), Article Number e75302 Impact Factor: 1.300 Quartile: 2 DOI: 10.7759/cureus.75302	2024
Cross-Sectional Assessment of Kidney Function about Obesity and Metabolic Syndrome. A Cross-Sectional Study <i>Sabahat Fatima Asma Jamil Bilal Aheed Muhammad Mazhar Mariya Ali Roomisa Anis Farah Naz Tahir</i> <i>African Journal of Biological Sciences</i> , Volume 6(16), Pages 533-539 Impact Factor: N/A DOI: https://doi.org/10.48047/AFJBS.6.16.2024.533-539	2024
Pharmacological Perspectives on Age- and Dose-Related Biochemical Mechanisms of Ciprofloxacin Resistance in Urinary Tract Infections <i>Maliha Amjad Syed Hassan Abees Jaffari Muhammad Farrukh Naveed Nighat Aziz Fawad Hussain Roomisa Anis</i> <i>African Journal of Biological Sciences</i> , Volume 6 , Issue 15, Pages 12888-12895 Impact Factor: N/A DOI: 10.48047/AFJBS.6.15.2024.12888-12895	2024
Correlation between Glycosylated Hemoglobin level with Angiographic findings of Coronary Artery Disease in different ages.	2024

<i>Sobia Humera Mahwash Mengal Roomisa Anis M. Noor ul Amin Ibaad ur Rehman Farzana Majeed</i> <i>Journal of Muhammad Medical College</i>, Volume 15, No. 1, Pages 27-30 Impact Factor: N/A DOI: https://doi.org/10.62118/jmmc.v15i1.466	
Comparison of nigella sativa and pioglitazone on hyperglycemia, adiponectin and resistin in streptozotocin induced diabetic mice <i>Ayesha Shafqat Ghulam Mustafa Lodhi Beenish Zafar Roomisa Anis Azhar Ali Kazmi Misbah Batool</i> <i>Rawal Medical Journal</i>, Volume 49, No. 3, Pages 656-660 Impact Factor: 0.200 Quartile: 4 DOI: https://www.rmj.org.pk/fulltext/27-1637126616.pdf?1747983655	2024
Metabolic Disruptions in Serum Calcium and Phosphate Levels Among Pre- Diabetic and Type 2 Diabetic Patients <i>Abroo Fatima Qazi Najeeb Ur Rahman Saira Mushtaq Roomisa Anis Mahvesh Mahmud Mudasar Pervaiz</i> <i>Pakistan Journal of Health Sciences</i>, Volume 5(7), Pages 191-195 Impact Factor: N/A DOI: 10.54393/pjhs.v5i07.1680	2024
Correlation of HbA1c with red cell width distribution and other red cell indices in Type II diabetic females. <i>Misbah Batool Roomisa Anis Rashad Mahmood Beenish Zafar Khurram Shehzad Khan Azhar Ali</i> <i>The Professional Medical Journal</i>, Volume 30(12), Pages 1540-1545 Impact Factor: N/A DOI: doi.org/10.29309/TPMJ/2023.30.12.7832	2023
Insignificant Variation of Raised Thyroid Stimulating Hormone Level Among Third Trimester of Pregnancy in Diagnosing Subclinical Hypothyroidism <i>Beenish Zafar Ayesha Mansoor Roomisa Anis Khizera Anwar Sadia Aslam</i> <i>Medical Forum Monthly</i>, Volume 34(9), Pages 200-203 Impact Factor: N/A DOI: doi:10.60110/medforum.340946	2023
The possible pathogenic clinical manifestations and biochemical residue that exist for more than 3 months despite a negative SARS-COV-2 real-time polymerase chain reaction test <i>Muhammad Sheraz ul Hassan Sher Nohman Rasheed Syed Faisal Hussain Roomisa Anis Ameer Abbas Ali Abdul Karim Soomro Khurram Shahzad</i> <i>European Chemical Bulletin</i>, Volume 12, Issue 9, Pages 1076-1084 Impact Factor: N/A DOI: 10.48047/ecb/2023.12.9.206	2023
Association Between Serum Uric Acid and Lipid Profile in Adult Individuals <i>Roomisa Anis Ayesha Shafqat Rashad Mahmood Saeed Ahmad Wajahat Ullah Khan Rana Tauqir Ullah Khan</i> <i>Medical Forum Monthly</i>, Volume 34(7), Pages 82-85 Impact Factor: N/A	2023
Risk Factor Analysis and Prevalence of the Non-Alcoholic Fatty Liver Disease in Patients with Type-II Diabetes Mellitus <i>Sami Ullah Amjad Ali Mohammad Hanif Arjun Kumar Hafiz Ud Din Roomisa Anis</i> <i>Pakistan Journal of Medical & Health Sciences</i>, Volume 16, No. 04, Pages 557-560 Impact Factor: N/A DOI: https://doi.org/10.53350/pjmhs22164557	2022
Association of subclinical hypothyroidism with increased risk of recurrent miscarriages during antenatal thyroid stimulating hormone screening <i>Beenish Zafar Ayesha Farooq Naveeda Zaigham Roomisa Anis Ayesha Shafaqat Misbah Batool</i> <i>Pakistan Journal of Pathology</i>, Volume 33(1), Pages 20-24 Impact Factor: N/A DOI: 10.55629/pakjpathol.v33i1.680	2022
Iron deficiency anemia; challenges the diagnostic and prognostic efficacy of HBA1C in diabetes mellitus <i>Misbah Batool Munazza Asad Ghulam Mustafa Lodhi Ayesha Shafqat Roomisa Anis Azhar Ali Kazmi</i> <i>Pakistan Armed Forces Medical Journal</i>, Volume 71(6), Pages 1967-1970 Impact Factor: N/A DOI: https://scholar.google.com/citations?view_op=view_citation&hl=en&user=xv3MQmIAAAAJ&citation_for_view=xv3MQmIAAAAJ:UeHWp8X0CEIC	2021

- Assessment of Degree of Association Between Markers of Oxidative Stress in Lead Poisoned Mice** 2021
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- Depression Among Pregnant Women with Husbands Abroad: Case Control Study in Hostile Region of Azad Jammu and Kashmir** 2020
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Medical Forum Monthly, Volume 31(9), Pages 67-71
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- Antioxidant Effects of Walnuts on Superoxide Dismutase Levels Reduced by Lead Toxicity in Mice** 2020
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- Importance of malondialdehyde and superoxide dismutase levels: antioxidant role of walnut** 2019
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Pakistan Journal of Physiology, Volume 15(4), Pages 11-13
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Roomisa Anis Muhammad Waseem Kausar Naveeda Zaigham Muhammad Burhan ul Haq Sobia Humera Beenish Zafar
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