

Abdul Momin Rizwan Ahmad

Associate Professor  
NUST School of Health Sciences

Email: [abdul.momin@nshs.nust.edu.pk](mailto:abdul.momin@nshs.nust.edu.pk)  
Contact:  
LinkedIn: <https://www.linkedin.com/in/dr-abdul-momin/>



About

Dr. Abdul Momin Rizwan Ahmad is working as Associate Professor in the NUST School of Health Sciences. Dr. Abdul Momin Rizwan Ahmad has a PhD in Food and Nutrition . Dr. Abdul Momin Rizwan Ahmad has published 7 research articles & conference papers, carried out 0 projects and filed 0 intellectual property.

Qualifications

<b>CHPE</b> Health Services Academy, Islamabad , Pakistan	2023 - 2024
<b>PhD in Food and Nutrition</b> University of Veterinary & Animal Science , Pakistan	2015 - 2020
<b>MS in Public Health Nutrition</b> Quaid-i-Azam University , Pakistan	2012 - 2013

Experience

<b>Associate Professor</b> NUST School of Health Sciences	2025- Present
<b>Assistant Professor</b> National University of Medical Sciences (NUMS), Rawalpindi , Flat No. 7, Block 2A, Gali 30, Street 2, Sector I-8/1, Islamabad, Islamabad, Pakistan	2021 - 2025
<b>Assistant Professor</b> The University of Lahore, Islamabad Campus , The University of Lahore, Islamabad Campus	2017 - 2021
<b>Senior Lecturer</b> Institute of Health & Management Sciences, affiliated with Shaheed Zulfiqar Ali Bhutto Medical University, Islamabad , Institute of Health & Management Sciences, affiliated with Shaheed Zulfiqar Ali Bhutto Medical University, Islamabad	2013 - 2017

**Urea adulteration alters raw milk composition and induces renal tissue damage: a molecular and histopathological study**

2025

Tanveer Ibrahim Feroza Hamid Wattoo Muhammad Hamid Sarwar Wattoo Asif Ahmad Muhammad Sheeraz Ahmad Hussain Ali Syed Hassan Bin Usman Shah Rida Fatima Saeed Umar Farooq Juweria Abid Sajeela Akram Zoha Imtiaz Malik Abdul Momin Rizwan Ahmad  
*Cellular and Molecular Biology*, 71(6), 96-101

**Impact Factor:** N/A

**DOI:** <https://doi.org/10.14715/cmb/2025.71.6.13>

**Optimization of microwave-assisted extraction for quercetin (prebiotic) and the effect of its symbiotic combination with *Lactobacillus acidophilus* (probiotic) in NAFLD induced rat model**

2025

Mehwish Majeed Waqas Ahmed Sumera Javad Ihtisham-Ul-Haq Summer Rashid Rashida Perveen Umar Farooq Juweria Abid Abdul Momin Rizwan Ahmad  
*Frontiers in Nutrition*, Volume:12,

**Impact Factor:** N/A | **Quartile:** 1

**DOI:** <https://doi.org/10.3389/fnut.2025.1596758>

**The mediating role of safety behavior in the relationship between safety climate and safety outcomes among sanitary workers in Pakistan**

2025

Nadia Nisar Nur Zakiah Mohd Saat Dayana Hazwani Mohd Suadi Nata Nurul Farahana Kamaludin Ismarulyusda Ishak Abdul Momin Rizwan Ahmad  
*Frontiers in Public Health*, Volume:13,

**Impact Factor:** 3.4 | **Quartile:** 1

**DOI:** <https://doi.org/10.3389/fpubh.2025.1591691>

**Determination of Physicochemical Properties, Oxidative and Storage Stability of Fish And Flaxseed Oil**

2025

Sehar Iqbal Sajeela Akram Saira Zafar Syed Hassan Bin Usman Shah Rida Fatima Saeed Masood Sadiq Butt Juweria Abid Umar Farooq Abdul Momin Rizwan Ahmad  
*Current Research in Nutrition and Food Science*, Vol. 13, No. (1) 2025, Pg. 162-17

**Impact Factor:** N/A | **Quartile:** 4

**DOI:** <https://dx.doi.org/10.12944/CRNFSJ.13.1.10>