Roomisa Anis

Associate Professor

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About

Dr. Roomisa Anis is working as Associate Professor in the NUST School of Health Sciences. Dr. Roomisa Anis has published 20 research articles & conference papers, carried out 0 projects and filed 0 intellectual property.

Qualifications

MPhil in BIOCHEMISTRY 2014 - 2016 Isra University, Pakistan MBBS in SURGERY, MEDICINE 2002 - 2007 Bahria University , Pakistan

Experience

Associate Professor 2023- Present NUST School of Health Sciences ASSOCIATE PROFESOR 2022 - 2023 AL NAFEES MEDICAL COLLEGE, AL NAFEES MEDICAL COLLEGE, Farash Town Phase 2 Islamabad **ASSISSTANT PROFESOR** 2016 - 2021

Research Articles

Prevalence of Subclinical Hypothyroidism in Pregnant Females in Three Trimesters: A Cross-Sectional

AL NAFEES MEDICAL COLLEGE, AL NAFEES MEDICAL COLLEGE, Farash Town Phase 2 Islamabad

Beenish Zafar Ayesha Shafqat Roomisa Anis Misbah Batool Rashad Mehmood

BMC Journal of Medical Sciences, Volume 5(2), Pages 89-94

Impact Factor: N/A

DOI: https://doi.org/10.70905/bmcj.05.02.0428

Impact of Metabolic Dysfunction-Associated Fatty Liver Disease on the Prognosis of Patients With

2024

2024

Hepatocellular Carcinoma After Radical Resection: A Retrospective Study

Fizza Arshad Muhammad Asad Hamza Wakil Saadia Zainab Roomisa Anis Sanjay Kirshan Kumar Hamza Naseer Butt Sana Sehar Lodhi Mahwash Mansoor Cureus Journal of Medical Science, Volume 16(12), Article Number e75302

Impact Factor: 1.300 | Quartile: 2 DOI: 10.7759/cureus.75302

Cross-Sectional Assessment of Kidney Function about Obesity and Metabolic Syndrome. A Cross-Sectional Study

2024

Sabahat Fatima Asma Jamil Bilal Aheed Muhammad Mazhar Mariya Ali Roomisa Anis Farah Naz Tahir African Journal of Biological Sciences, Volume 6(16), Pages 533-539

Impact Factor: N/A

DOI: https://doi.org/10.48047/AFJBS.6.16.2024.533-539

Pharmacological Perspectives on Age- and Dose-Related Biochemical Mechanisms of Ciprofloxacin **Resistance in Urinary Tract Infections**

2024

Maliha Amjad Syed Hassan Abees Jaffari Muhammad Farrukh Naveed Nighat Aziz Fawad Hussain Roomisa Anis African Journal of Biological Sciences, Volume 6, Issue 15, Pages 12888-12895

Impact Factor: N/A

DOI: 10.48047/AFJBS.6.15.2024.12888-12895

Correlation between Glycosylated Hemoglobin level with Angiographic findings of Coronary Artery Disease in different ages.

2024

Sobia Humera Mahwash Mengal Roomisa Anis M. Noor ul Amin Ibaad ur Rehman Farzana Majeed Journal of Muhammad Medical College, Volume 15, No. 1, Pages 27-30 Impact Factor: N/A	
DOI: https://doi.org/10.62118/jmmc.v15i1.466	
Comparison of nigella sativa and pioglitazone on hyperglycemia, adiponectin and resistin in streptozotocin induced diabetic mice	2024
Ayesha Shafqat Ghulam Mustafa Lodhi Beenish Zafar Roomisa Anis Azhar Ali Kazmi Misbah Batool Rawal Medical Journal, Volume 49, No. 3, Pages 656-660	
Impact Factor: 0.200 Quartile: 4 DOI: https://www.rmj.org.pk/fulltext/27-1637126616.pdf?1747983655	
Metabolic Disruptions in Serum Calcium and Phosphate Levels Among Pre- Diabetic and Type 2 Diabetic Patients	2024
Abroo Fatima Qazi Najeeb Ur Rahman Saira Mushtaq Roomisa Anis Mahvesh Mahmud Mudasar Pervaiz Pakistan Journal of Health Sciences, Volume 5(7), Pages 191-195	
Impact Factor: N/A DOI: 10.54393/pjhs.v5i07.1680	
Correlation of HbA1c with red cell width distribution and other red cell indices in Type II diabetic females.	2023
Misbah Batool Roomisa Anis Rashad Mahmood Beenish Zafar Khurram Shehzad Khan Azhar Ali The Professional Medical Journal, Volume 30(12), Pages 1540-1545	
Impact Factor: N/A DOI: doi.org/10.29309/TPMJ/2023.30.12.7832	
Insignificant Variation of Raised Thyroid Stimulating Hormone Level Among Third Trimester of Pregnancy in Diagnosing Subclinical Hypothyroidism Beenish Zafar Ayesha Mansoor Roomisa Anis Khizera Anwar Sadia Aslam Medical Forum Monthly, Volume 34(9), Pages 200-203 Impact Factor: N/A	2023
DOI: doi:10.60110/medforum.340946 The possible pathogenic clinical manifestations and biochemical residue that exist for more than 3 months despite a negative SARS-COV-2 real-time polymerase chain reaction test Muhammad Sheraz ul Hassan Sher Nohman Rasheed Syed Faisal Hussain Roomisa Anis Ameer Abbas Ali Abdul Karim Soomro Khurram Shahzad European Chemical Bulletin, Volume 12, Issue 9, Pages 1076-1084 Impact Factor: N/A DOI: 10.48047/ecb/2023.12.9.206	2023
Association Between Serum Uric Acid and Lipid Profile in Adult Individuals Roomisa Anis Ayesha Shafqat Rashad Mahmood Saeed Ahmad Wajahat Ullah Khan Rana Tauqir Ullah Khan Medical Forum Monthly, Volume 34(7), Pages 82-85 Impact Factor: N/A	2023
Risk Factor Analysis and Prevalence of the Non-Alcoholic Fatty Liver Disease in Patients with Type-II Diabetes Mellitus Sami Ullah Amjad Ali Mohammad Hanif Arjun Kumar Hafiz Ud Din Roomisa Anis Pakistan Journal of Medical & Health Sciences, Volume 16, No. 04, Pages 557-560 Impact Factor: N/A	2022
DOI: https://doi.org/10.53350/pjmhs22164557	2022
Association of subclinical hypothyroidism with increased risk of recurrent miscarriages during antenatal thyroid stimulating hormone screening Beenish Zafar Ayesha Farooq Naveeda Zaigham Roomisa Anis Ayesha Shafaqat Misbah Batool Pakistan Journal of Pathology, Volume 33(1), Pages 20-24 Impact Factor: N/A DOI: 10.55629/pakjpathol.v33i1.680	2022
Iron deficiency anemia; challenges the diagnostic and prognostic efficacy of HBA1C in diabetes mellitus Misbah Batool Munazza Asad Ghulam Mustafa Lodhi Ayesha Shafqat Roomisa Anis Azhar Ali Kazmi Pakistan Armed Forces Medical Journal, Volume 71(6), Pages 1967-1970 Impact Factor: N/A	2021

 $\textbf{DOI:} \ https://scholar.google.com/citations?view_op=view_citation\&hl=en\&user=xv3MQmlAAAAJ\&citation_for_view=xv3MQmlAAAAJ:UeHWp8X0CEIC$

Assessment of Degree of Association Between Markers of Oxidative Stress in Lead Poisoned Mice	2021
Roomisa Anis Misbah-Ul-Qamar Ayesha Shafqat Ayesha Aftab Zarafshan Bader Shumaela Kanwal	
Pakistan Journal of Medical & Health Sciences, Volume 15(9), Pages 2952-2954	
Impact Factor: N/A	
DOI: https://doi.org/10.53350/pjmhs211592952	
Outcomes of Microvascular Decompression in Patients with Trigeminal Neuralagia	2021
Naeem UI Haq Anwar Shah Shafaat Hussain Mohammad Mushtaq Faiza Shafqat Roomisa Anis	
Pakistan Journal of Medical & Health Sciences, Volume 15(9), Pages 3083-3086	
Impact Factor: N/A	
DOI: https://doi.org/10.53350/pjmhs211593083	
Depression Among Pregnant Women with Husbands Abroad: Case Control Study in Hostile Region of	2020
Azad Jammu and Kashmir	
Roomisa Anis Ayesha Shafqat Misbah Batool Beenish Zafar Naveeda Zaigham Shahzadi Ambreen	
Medical Forum Monthly, Volume 31(9), Pages 67-71	
Impact Factor: N/A	
Antioxidant Effects of Walnuts on Superoxide Dismutase Levels Reduced by Lead Toxicity in Mice	2020
Roomisa Anis Ayesha Shafqat Misbah Batool Beenish Zafar Naveeda Zaigham Shahzadi Ambreen	
Medical Forum Monthly, Volume 31, No. 9, Pages 67-71	
Impact Factor: N/A	
Importance of malondialdehyde and superoxide dismutase levels: antioxidant role of walnut	2019
Roomisa Anis Sadaf Jafar Naveeda Zaigham Beenish Zafar Naureen Waseem Qurat-ul-Ain Zia	
Pakistan Journal of Physiology, Volume 15(4), Pages 11-13	
Impact Factor: N/A	
DOI: https://www.pps.org.pk/PJP/15-4/Roomisa.pdf	
Antioxidant effects of walnuts on malondialdehyde levels raised by lead toxicity in mice	2019
Roomisa Anis Muhammad Waseem Kausar Naveeda Zaigham Muhammad Burhan ul Haq Sobia Humera Beenish Zafar	
Isra Medical Journal, Volume 11, Issue 6, Pages 444-448	
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