

Rubina Shafi

Assistant Professor

NUST School of Health Sciences

Email: rubina.shafi@nshs.nust.edu.pk

Contact: 0000000000



About

Dr. Rubina Shafi is working as Assistant Professor in the NUST School of Health Sciences. Dr. Rubina Shafi has published 6 research articles & conference papers, carried out 0 projects and filed 0 intellectual property.

Qualifications

CHPE in CHPE Riphah International Univeristy , Pakistan	2020 - 2020
MPhil in Chemical Pathology Riphah International Univeristy , Pakistan	2017 - 2019
Post Grad Diploma in professional ethics teaching methodology Riphah International Univeristy , Pakistan	2013 - 2014
MBBS in MBBS Fatima Jinnah Medical University , Pakistan	1989 - 1995

Experience

Assistant Professor NUST School of Health Sciences	2023- Present
Demonstrator Riphah International University , Al-Mizan IIMCT Complex, Old supreme Court building, 274 Peshawar road, Rawalpindi	2009 - 2023

- Prevalence of Leg Ulcers in Sickle Cell Disease and Their Association with Disease Severity, Inflammatory, and Oxidative Stress Markers** 2025
Rubina Shafi Sarah Azhar Faiz Ahmad Faiz Rana Muhammad Asad Khan Faiza Memon Muhammad Tauseef Jawaid
Pakistan Journal of Health Sciences, Volume 6(5), Pages 291-296
Impact Factor: N/A
DOI: <https://doi.org/10.54393/pjhs.v6i5.2900>
- Comparing Dyslipidemia Patterns in Newly Diagnosed and Long-Term Type 2 Diabetics in a Tertiary Care Hospital at Mirpur Khas, Sindh** 2024
Rubina Shafi Naveed Ahsan Muhammad Anique Wajahat Ullah Khan Shaista Alam Fakhra Noureen
Pakistan Journal of Health Sciences, Volume 5(12), Pages 108-113
Impact Factor: N/A
DOI: <https://doi.org/10.54393/pjhs.v5i12.2225>
- Analyzing the Biochemical Alterations and Histopathological changes in Oxidative Stress-Induced Tissue Damage. A Study on Antioxidant Therapeutic Interventions** 2023
Fahmida Khatoon Aaisha Qadir Kiran Memeon Rubina Shafi Masud Ali Ansari Qandeer Abbas Soomro Muhammad Nasir Shahbaz
Pakistan Journal of Medical & Health Sciences, Volume 17, No. 11, Pages 141-145
Impact Factor: N/A
DOI: <https://doi.org/10.53350/pjmhs020231711141>
- Role of Salivary Glucose in the Diagnosis and Monitoring of Type 2 Diabetes Mellitus** 2022
Humaira Abid Muhammad Nadim Akbar Khan Shazia Qayyum Fakhra Naureen Rubina Shafi Amina Kanwal
Pakistan Journal of Medical & Health Sciences, Volume 16, No. 07, Pages 867-869
Impact Factor: N/A
DOI: <https://doi.org/10.53350/pjmhs22167867>
- Water Pipe a Safe Alternative to Cigarette? A Comparative Study on Hematological and Biochemical Parameters in Mice Exposed to Cigarette and Water Pipe Smoke.** 2020
Shazia Imran Rubina Shafi Tahira Sadiq
Journal of Islamic International Medical College, Volume 15, No. 3, Pages 177-182
Impact Factor: N/A
DOI: <https://journals.riphah.edu.pk/index.php/jiimc/article/view/1233>
- The Association of Total Antioxidant Capacity with Metabolic Syndrome** 2020
Rubina Shafi Muhammad Nadim Akbar Khan Ammar Ul Hassan Muhaaimin Nawaz Fakhra Noureen Shazia Qayyum
Journal of Islamic International Medical College, Volume 15, No. 1, Pages 14-18
Impact Factor: N/A
DOI: <https://journals.riphah.edu.pk/index.php/jiimc/article/view/1158>