

Rubina Waseem

Associate Professor

Centre for International Peace & Stability

Email: rubina.waseem@cips.nust.edu.pk

Contact: 0512340008



About

Dr. Rubina Waseem is working as Associate Professor in the Centre for International Peace & Stability. Dr. Rubina Waseem has a PhD in Strategic Studies. Dr. Rubina Waseem has published 21 research articles & conference papers having a citation count of 1, carried out 1 projects and filed 0 intellectual property.

Qualifications

PhD in Strategic Studies	2013 - 2019
National Defense University , Pakistan	
B.Ed in Education	2010 - 2011
Allama Iqbal Open University , Pakistan	
MPhil in Strategic Studies	2004 - 2006
Quaid-i-Azam University , Pakistan	
MSc in Strategic Studies	2002 - 2004
Quaid-i-Azam University , Pakistan	
BA in Education	2000 - 2001
University of the Punjab , Pakistan	
F.A in Education	1997 - 1998
FBISE, Islamabad , Pakistan	
Matric (SSC) in Education	1993 - 1994
FBISE, Islamabad , Pakistan	

Experience

Associate Professor	2025- Present
Centre for International Peace & Stability	
Assistant Professor	2023 - 2023
Centre for International Peace & Stability	
Assistant Professor	2023 - 2023
Centre for International Peace & Stability	
Assistant Professor	2020 - 2023
National Defnce University , E-9 Sector, Islamabad	
Lecturer	2017 - 2020
NDU , Islamabad	
Lecturer	2012 - 2017
Preston University , Islamabad	

Research Projects

National Projects	
Diversifying the Nuclear Security and Nonproliferation Debate in Pakistan	2024
Funding Agency: Civilian Research and Development Foundation (USA) Global	
Amount: PKR 2,216,000.00	
Status: Completed	
International Projects	

- U.S.-China Strategic Competition: Conventional Deterrence & the Changing Face of Modern Warfare** 2024  
*Rubina Waseem Tasleem Malik*  
*The Journal of Humanities and Social Sciences*, Volume 32(2), Pages 161-183  
**Impact Factor:** N/A  
**DOI:** <http://ojs.uop.edu.pk/jhss/article/view/1416>
- U.S.-China Strategic Competition: Conventional Deterrence & the Changing Face of Modern Warfare** 2024  
*Rubina Waseem Tasleem Malik*  
*The Journal of Humanities and Social Sciences*, Volume 32 (2), Pages 161-183  
**Impact Factor:** N/A
- Entanglement of Deterrence: Risk of Inadvertent War in South Asia** 2023  
*Rubina Waseem Ansar Jamil*  
*Strategic Perspectives*, Volume 1, No.1, Pages 1-11  
**Impact Factor:** N/A  
**DOI:** <https://strategicperspectives.cissajk.org.pk/entanglement-of-deterrence-risk-of-inadvertent-war-in-south-asia/>
- Mainstreaming South Asian nuclear rivals for nuclear suppliers group: Imperatives for strengthening the nonproliferation regime** 2023  
*Rubina Waseem Zafar Khan*  
*Comparative Strategy*, Volume: 42, Issue: 01, Pages: 152-170  
**Impact Factor:** N/A  
**DOI:** 10.1080/01495933.2022.2158032
- Conceptualizing new avenues of the Indo-Pak hostilities: an analysis of the invisible PsyWar operations and challenges** 2022  
*Rubina Waseem Muhammad Sajjad*  
*Liberal Art and Social Sciences International Journal*, Vol: 6, No. 2, Pages:16  
**Impact Factor:** N/A  
**DOI:** 10.47264/idea.lassij/6.2.9
- A Policy Perspective on Multilateral Export Control Regime (MECR): Theoretical Discourse** 2022  
*Rubina Waseem Dr. Bashir Khan Dr. Rashid Ahmad*  
*Central European Management Journal*, Vol: 30, No. 4, Pages: 100-107  
**Impact Factor:** N/A  
**DOI:** 10.57030/23364890.cemj.30.3.10
- Pashtunistan: A Construction of an Imaginary Entity** 2022  
*Dr. Rashid Ahmad Rubina Waseem Dr. Shahid Afridi*  
*Multicultural Education*, Volume: 8, Issue: 6, Pages: 227-235  
**Impact Factor:** N/A  
**DOI:** 10.5281/zenodo.6726483
- Public Health as a Neglected Field of Security in Pakistan: Future Prospects** 2022  
*Samina Naeem Rubina Waseem Dr. Rashid Ahmad*  
*Multicultural Education*, Volume 8, Issue 6, Pages: 220-226  
**Impact Factor:** N/A  
**DOI:** 10.5281/zenodo.6726278
- Nuclear Non-Proliferation Conundrum: Asymmetric Initiatives and Problem Areas of Nuclear Non-Proliferation Regime** 2022  
*Rubina Waseem Rashid Ahmad Zulfiqar Ali*  
*Multicultural Education*, Volume: 8, Issue: 6, Pages: 183-189  
**Impact Factor:** N/A  
**DOI:** 10.5281/zenodo.6678626
- Destabilizing Unipolar World and Emergence of MultiPolarity: Theoretical Debate** 2022  
*Nabeel Hussain Rubina Waseem Rashid Ahmad*  
*Webology*, Volume: 19, No. 3, Pages: 1688-1706  
**Impact Factor:** N/A  
**DOI:** [https://www.webology.org/data-cms/articles/20220528020538pmwebology%2019%20\(3\)%20-%20113%20pdf.pdf](https://www.webology.org/data-cms/articles/20220528020538pmwebology%2019%20(3)%20-%20113%20pdf.pdf)
- Flux in the Middle East and Nuclear Israel,” in Journal of Security and Strategic Analyses** 2020

Rubina Waseem

Journal of Security and Strategic Analyses, Vol: 6, No: 2, Pages:55-56

Impact Factor: N/A

DOI: 10.57169/jssa.006.02.0121

**Nuclear Supplier Group (NSG) Membership and Mainstreaming Non-NPT Nuclear Weapon State (NWS):  
Case Study of Pakistan and India**

2020

Rubina Waseem

Strategic Studies , Vol. 40, No. 2, Summer 2020, Pages: 63-78

Impact Factor: N/A

DOI: [https://issii.org.pk/wp-content/uploads/2020/07/4-SS\\_Rubina\\_Waseem\\_No-2\\_2020.pdf](https://issii.org.pk/wp-content/uploads/2020/07/4-SS_Rubina_Waseem_No-2_2020.pdf)

**Enhancing the Efficacy of Nuclear Non-Proliferation Regime: Significance of Pakistan's NSG  
Membership**

2019

Rubina Waseem Abeer Iftikhar Tahirkheli

Margalla Papers , Volume: XXIII, Issue No. 2, Pages: 62-70

Impact Factor: N/A

DOI: <https://prdb.pk/article/enhancing-the-efficacy-of-nuclear-non-proliferation-regime-9894>

**Nuclear Suppliers Group (NSG) Membership: A Case of Non-NPT Nuclear Weapon States**

2018

Zulfqar Khan Rubina Waseem

Margalla Papers , Volume: 22, Issue No 1, Pages: 25-36

Impact Factor: N/A

DOI: <https://prdb.pk/article/nuclear-suppliers-group-nsg-membership-a-case-of-non-npt-8954>

**Multilateral Export Control Regimes State-of-Affairs and Prospects**

2017

Zulfqar Khan Rubina Waseem

Policy Perspective , Vol: 14, No: 2, Pages:83-112

Impact Factor: N/A

DOI: 10.13169/polipers.14.2.0083

**South Asian Strategic Paradox: India-Pakistan Nuclear Flux**

2015

Zulfqar Khan Rubina Waseem

Strategic Studies , Volume 35, Pages 1-28

Impact Factor: N/A

DOI: <https://issii.org.pk/wp-content/uploads/2016/02/Dr.-Zulfqar-Khan-and-Rubina-Waseem-35-No.2.pdf>

## Conference Proceedings

**Contemporary Global and Regional Environment**

2023

Dr. Rubina Waseem

3rd International Workshop for Leadership & Security (3rd IWLS), res.country(177,)

Citations: N/A

DOI: Nil

**Importance of Research Group Work**

2023

Dr. Rubina Waseem

Research Methodology in Social Sciences , res.country(177,)

Citations: N/A

DOI: 1029-0990,1811-9557

**International panel discussion on Chatham House Event**

2023

Dr. Rubina Waseem

A New Nuclear Order , res.country(231,)

Citations: N/A

DOI: Nil

**Nuclear Powered Submarine by Indian Navy (Arihant class) and its impact on the Region**

2022

Dr. Rubina Waseem

Nuclearization of the Indian Ocean & Its Impact on Region and Beyond,, res.country(177,)

Citations: N/A

DOI: <https://doi.org/10.1080/01495933.2022.2158032>

Book Chapters

<b>US-China Strategic Competition: Through the matrix of Complex Interdependence,</b> <i>Rubina Waseem</i> In: <i>China in the Indo-Pacific: Maneuvers and Manifestations</i> , Chapter 3, Pages:41-54 <b>Citations:</b> 1 <b>DOI:</b> 10.1007/978-981-19-7521-9_3	2023
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Editorial Activities

Reviewed Papers for Journals <b>Impact Factor:</b> Y Category in HJRS	2023
Reviewed Papers for Journals <b>Impact Factor:</b> Y Category in HJRS	2023
Reviewed Papers for Journals <b>Impact Factor:</b> Y Category in HJRS	2020