Sadaf Mumtaz

Professor

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About

Dr. Sadaf Mumtaz is working as Professor in the NUST School of Health Sciences. Dr. Sadaf Mumtaz has a PhD in Physiology. Dr. Sadaf Mumtaz has published 26 research articles & conference papers having a citation count of 647, carried out 0 projects and filed 2 intellectual property.

Qualifications

MCPS in Health Professions Education College of Physicians and Surgeons Pakistan , Pakistan	2018 - 2022
Master in Physiology University of Liverpool , United Kingdom	2012 - 2013
PhD in Physiology University of Liverpool , United Kingdom	2006 - 2010
MBBS in Medicine, Surgery & Obstetrics University of the Punjab , Pakistan	1998 - 2002
Experience	
Professor NUST School of Health Sciences	2024- Present
Professor NUST School of Health Sciences	2023 - 2024
Associate Dean Basic Sciences HITEC-IMS , Taxila	2022 - 2022
Professor & HOD Physiology HITEC-Institute of Medical Sciences , Taxila	2018 - 2023
Associate Professor Physiology HBS Medical & Dental College , Islamabad	2017 - 2018
Assistant Professor of Physiology Imam AbdulRahman Bin Faisal University, KSA , Dammam, KSA	2014 - 2017
Research Fellow University of Liverpool, UK , Brownlow Hill, L69 7ZX, Liverpool, UK	2012 - 2013
Assistant Professor Physiology Shifa College of Medicine, Islamabad , H-8, Islamabad	2010 - 2014
Senior instructor Physiology Shifa College of Medicine , H-8 Islamabad	2010 - 2010
PhD student University of Liverpool, UK , Foundation Building, 765 Brownlow Hill, Liverpool, L69 7ZX United Kingdom	2006 - 2010
Instructor Physiology Shifa College of Medicine , H-8, Islamabad	2005 - 2006

Research Articles

Cardiac Arrhythmia Classification Using Advanced Deep Learning Techniques on Digitized ECG Datasets

2024

 ${\it Sensors} \ , \ {\it Volume} \ 24(8), \ {\it Article} \ {\it Number} \ 2484$ ${\it Impact} \ {\it Factor:} \ 3.900 \ | \ {\it Quartile:} \ 2 \ | \ {\it Citations:} \ 12$

DOI: https://doi.org/10.3390/s24082484

Evaluating Critical Appraisal Skills by Introducing Journal Clubs to Preclinical Dental Students Using the Assessing Competency in Evidence-Based Medicine (ACE) Tool Through Pre and Post-testing

2022

Sadaf Mumtaz Sohail Sabir

Cureus Journal of Medical Science, Volume 14(11), Article Number e31535

Impact Factor: 1.2 (ESCI) **DOI:** 10.7759/cureus.31535

Association of Sleep, Body Weight and Physical Exercise with Plasma BDNF Levels in Healthy Male Saudi Smokers

2022

Jaudi Sillokeis

Arwa Al-Mshari Mona Hmoud AlSheikh Rabia Latif Sadaf Mumtaz Waleed Albaker Mohammed Al-Hariri International Journal of General Medicine, Volume 15, Pages 6603-6610

Impact Factor: 2.3 | Quartile: 3 | Citations: 4

DOI: 10.2147/IJGM.S377744

A review of enabling technologies for Internet of Medical Things (IoMT) Ecosystem

2022

Zarlish Ashfaq Abdur Rafay Rafia Mumtaz Syed Mohammad Hassan Zaidi Hadia Saleem Syed Ali Raza Zaidi Sadaf Mumtaz Ayesha Haque

Ain Shams Engineering Journal, Volume 13, Issue 4, Article Number 101660

Impact Factor: 3.180 | Quartile: 2 | Citations: 113 DOI: https://doi.org/10.1016/j.asej.2021.101660

Bacterial Prediction using Internet of Things (IoT) and Machine Learning

2022

Hamza Khurshid Rafia Mumtaz Noor Alvi Ayesha Haque Sadaf Mumtaz Faisal Shafait Sheraz Ahmad Muhammad Imran Malik Andreas Dengel

Environmental Monitoring and Assessment, Volume 194, Article Number 133

Impact Factor: 2.513 | Quartile: 3 | Citations: 17 DOI: https://doi.org/10.1007/s10661-021-09698-4

Embedded Al-Based Digi-Healthcare

2022

Zarlish Ashfaq Rafia Mumtaz Abdur Rafay Syed Mohammad Hassan Zaidi Hadia Saleem Sadaf Mumtaz Adnan Shahid Eli De Poorter Ingrid Moerman

Applied Sciences , Volume 12, Issue 1, Article Number 519

Impact Factor: 2.9 | Quartile: 2 | Citations: 34

DOI: 10.3390/ app12010519

Assessment of Knowledge, Perceptions and Perceived Risk Concerning COVID-19 in Pakistan

2021

Ayesha Haque Sadaf Mumtaz Rafia Mumtaz Farheen Masood Hudebia Allah Buksh Amal Ahmed Osama Khattak

Journal of Epidemiology and Global Health, Volume 11(2), Pages 186–193

Impact Factor: 5.959 | Quartile: 1 | Citations: 7 DOI: https://dx.doi.org/10.2991/jegh.k.210109.001

Effects of turmeric on cardiovascular risk factors, mental health, and serum homocysteine in overweight, obese females

2021

Rabia Latif Sadaf Mumtaz Mona Hmoud Al Sheikh Shahanas Chathoth Shaykhah Nasser Al Naimi

Alternative Therapies in Health and Medicine, Volume 27, No. S1, Pages 114-119

Impact Factor: 1.804 | Quartile: 4

DOI: PMID: 32088675

Internet of Things (IoT) Based Indoor Air Quality Sensing and Predictive Analytic-A COVID-19

2021

Perspective

Rafia Mumtaz Syed Mohammad Hassan Zaidi Muhammad Zeeshan Shakir Uferah Shafi Muhammad Moeez Malik Ayesha Hague Sadaf Mumtaz Syed Ali

Raza Zaidi

Electronics , Volume 10(2), Article Number 184

Impact Factor: 2.690 | Quartile: 3 | Citations: 85

DOI: https://doi.org/10.3390/electronics10020184

Comparing the preventive behaviour of medical students and physicians in the era of COVID19; novel

2020

medical problems demand novel-curricular interventions

Ayesha Haque Sadaf Mumtaz Osama Khattak Rafia Mumtaz Amal Ahmed

Biochemistry and Molecular Biology Education, Pages 1-9

Impact Factor: 1.160 | Quartile: 4 | Citations: 21

DOI: 10.1002/bmb.21406

Umair Ahmed Rafia Mumtaz Hirra Anwar Sadaf Mumtaz Ali Mustafa Qamar Water Supply, Vol. 20, No. 1, Pages 28-45 Impact Factor: 1.275 | Quartile: 4 | Citations: 92 DOI: 10.2166/ws.2019.144 Association of RETN C-420G single nucleotide polymorphism with type 2 diabetes mellitus in Pakistani 2018 Punjabi Rajput population Amina Nadeem Sadaf Mumtaz Wasif Saif Abdul Khaliq Naveed Muhammad Aslam Qaiser Mansoor Arif Siddiqui Muhammad Ismail Journal of the Pakistan Medical Association, Volume 68(11), Pages 1584-1589 Impact Factor: 0.642 | Quartile: 4 **DOI: PMID: 30410133** A Comparison of Debate and Role Play in Enhancing Critical Thinking and Communication Skills of 2018 Medical Students During Problem Based Learning Rabia Latif Sadaf Mumtaz Rafia Mumtaz Aamir Hussain Biochemistry and Molecular Biology Education, Volume 46, Issue 04, Pages 336-342 Impact Factor: 0.947 | Quartile: 4 | Citations: 50 DOI: https://doi.org/10.1002/bmb.21124 Automatic detection of retinal hemorrhages by exploiting image processing techniques for screening 2018 retinal diseases in diabetic patients Rafia Mumtaz Muddasser Hussain Saba Sarwar Komal Khan Sadaf Mumtaz Mustafa Mumtaz International Journal of Diabetes in Developing Countries, Vol. 38, Pages:80-87 Impact Factor: 0.585 | Quartile: 4 | Citations: 37 DOI: 10.1007/s13410-017-0561-6 Association of ADIPOQ C-11377G (rs266729), TNF-α G-308A (rs1800629) and TNF-α G-238A (rs361525) 2017 single nucleotide polymorphisms with type 2 diabetes mellitus in Pakistani population. Amina Nadeem Sadaf Mumtaz Abdul Khaliq Naveed Qaisar Mansoor Muhammad Aslam Muhammad Ismail Journal of the College of Physicians and Surgeons Pakistan, Volume 27(10), Pages 625-630 Impact Factor: 0.439 | Quartile: 4 **DOI:** PMID: 29056124 Learning through debate during problem based learning; An active learning strategy 2017 Sadaf Mumtaz Rabia Latif Advances in Physiology Education, Volume 41, Issue 3, Pages 390-394 Impact Factor: 1.981 | Quartile: 2 | Citations: 50 DOI: doi: 10.1152/advan.00157.2016 2017 Association of IL-6 C-174G (rs1800795) single nucleotide polymorphism with type 2 diabetes mellitus in Pakistani population Amina Nadeem Sadaf Mumtaz Abdul-Khaliq Naveed Qaiser Mansoor Muhammad Aslam Arif Siddiqui Muhammad Ismail Journal of the Pakistan Medical Association, Volume 67(3), Pages 428-433 Impact Factor: 0.723 | Quartile: 4 DOI: PMID: 28303994 Role-play as a learning modality in Pakistan 2016 Sadaf Mumtaz Tatheer Zahra Clinical Teacher, Volume 13, Issue 2, Pages 124-129 Impact Factor: 0 | Citations: 9 DOI: https://doi.org/10.1111/tct.12406 Pattern of dyslipidemia and impact of increasing age and duration of type 2 diabetes mellitus on 2015 dyslipidemia, insulin levels and insulin resistance Amina Nadeem Sadaf Mumtaz Abdul Khaliq Naveed Muhammad Aslam Arif Siddiqui Ghulam Mustafa Lodhi The Journal of the Pakistan Medical Association, Volume 65, No. 9, Pages 928-932 Impact Factor: 0.488 | Quartile: 4 **DOI:** PMID: 26338734

2015

Inhibitory effect of visfatin and leptin on human and rat myometrial contractility

Sadaf Mumtaz Seham AlSaif Susan Wray Karen Noble

Life Sciences, Volume 125, Pages 57-62

Impact Factor: 2.685 | Quartile: 2 | Citations: 47

DOI: 10.1016/j.lfs.2015.01.020