

Salma Parveen Siddiqui

Professor

School of Social Sciences & Humanities

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About

Dr. Salma Parveen Siddiqui is working as Professor in the School of Social Sciences & Humanities. Dr. Salma Parveen Siddiqui has a PhD in Clinical Psychology. Dr. Salma Parveen Siddiqui has published 28 research articles & conference papers having a citation count of 272, carried out 0 projects and filed 0 intellectual property.

Qualifications

PhD in Clinical Psychology Quaid-i-Azam University , Pakistan	1989 - 1993
Post Grad Diploma in P.M.D. Clinical Psychology Institute of Clinical Social Work , Pakistan	1985 - 1985
Master in Psychology University of Karachi , Pakistan	1983 - 1984
BA in Psychology University of Karachi , Pakistan	1980 - 1983

Experience

Professor School of Social Sciences & Humanities	2024- Present
Professor School of Social Sciences & Humanities	2021 - 2021
Associate Professor School of Social Sciences & Humanities	2016 - 2021
Assistant Professor School of Social Sciences & Humanities	2012 - 2016
Consultant Aitchison College Lahore , Aitchison College Lahore	2009 - 2010
Assistant Professor Govt. College University Lahore , Katchery Rd. Lahore	2006 - 2009
Head of the Department Islamia University Bahawalpur , Department of Applied Psychology, Islamia University Bahawalpur	2004 - 2005
Consultant Army Special Education School , Bahawalpur Cantt	2003 - 2005
Visiting Faculty Islamia University Bahawalpur , Islamia University Bahawalpur	2003 - 2004
Consultant Psychologist Mehr Mohd. Hospital, , Jhelum	2002 - 2003
Consultant Psychologist Institute of Behavioral Sciences Karachi & WHO field trial center , PNS Shifa, Karachi	1997 - 2000
Visiting Faculty Member Quaid-e-Azam University, Islamabad , National Institute of Psychology, Quaid-e-Azam University, Islamabad	1995 - 1995
Assistant Professor University of Karachi , Department of Psychology, University of Karachi	1992 - 1995
Visiting Faculty Armed Forces Postgraduate Medical Institute, Rawalpindi , Armed Forces Postgraduate Medical Institute, Rawalpindi	1991 - 1991
Honorary Clinical Psychologist Quaid-e Azam University, Islamabad , National Institute of Psychology, Quaid-e Azam University, Islamabad.	1989 - 1992
Lecturer University of Karachi , Department of Psychology, University of Karachi	1986 - 1989
Clinical Psychologist Institute of Clinical Psychology, Karachi , Institute of Clinical Psychology, Karachi	1986 - 1988
Research Consultant Business Research Bureau, Karachi , Business Research Bureau, Karachi	1985 - 2002

Awards

Best Teacher Award 2017 Best Teacher Award 2017	2018
Merit Awards Merit Awards for 2nd Position in BA Hons & 3rd Position in MA Psychology	1983

Research Articles

Emotional understanding: a training study with Pakistani preschoolers <i>Tuba Rahna Sumbal Nawaz Salma Parveen Siddiqui Professor Charlie Lewis</i> <i>European Journal of Developmental Psychology</i> , Pages 1-18 Impact Factor: 1.900 Quartile: 3	2024
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DOI: 10.1080/17405629.2024.2398179	
Adaptation of unified protocol treatment for transdiagnostic disorders in Pakistan: A heuristic framework	2024
Asma Nisa Salma Parveen Siddiqui Amantia A. Ametaj Fahad Khan	
PLoS ONE , Volume 19, Issue 9, Article Number e0308981	
Impact Factor: 2.900 Quartile: 1	
DOI: https://doi.org/10.1371/journal.pone.0308981	
Investigating the Mechanisms of Change in the Unified Protocol Treatment: A Non-Randomized Trial on Transdiagnostic Factors	2024
Salma Parveen Siddiqui Asma Nisa	
Pakistan Research Journal of Social Sciences, Volume 3, Issue1, Pages 175-185	
Impact Factor: N/A	
DOI: https://prjss.com/index.php/prjss/article/view/67	
Cultural adaptation of a mindfulness-based intervention for young adults: an application of heuristic framework	2023
Anum Sarfraz Salma Parveen Siddiqui	
Pakistan Journal of Social Research, Volume 5, No. 2, Pages 40-53	
Impact Factor: N/A	
DOI: https://doi.org/10.52567/pjsr.v5i02.1166	
Feasibility and Acceptability of an Online Mindfulness-Based Intervention for Stress Reduction and Psychological Wellbeing of University Students in Pakistan: A Pilot Randomized Controlled Trial	2023
Anum Sarfraz Salma Parveen Siddiqui Julieta Galante Siham Sikandar	
International Journal of Environmental Research and Public Health, Volume 20, Issue 8, Article Number 5512	
Impact Factor: 4.614 Quartile: 1 Citations: 2	
DOI: https://doi.org/10.3390/ijerph20085512	
Risk Perception and Protective Behavior in the Context of COVID-19: a Qualitative Exploration	2021
Azher Hameed Qamar Salma Siddiqui	
Asian Bioethics Review , Pages 1-20	
Impact Factor: N/A Citations: 13	
DOI: https://doi.org/10.1007/s41649-021-00181-3	
Determining the Psychometric Properties of Siddiqui Anxiety Scale-Revised	2021
Sabaenah Salim Salma Siddiqui	
Pakistan Journal of Psychological Research, Volume 36, No. 2, Pages 319-333	
Impact Factor: -	
DOI: https://doi.org/10.33824/PJPR.2021.36.2.18	
Impact of covert sensitization on recovery of alcoholics in Pakistan	2020
Ivan Suneel Salma Siddique	
Rawal Medical Journal, Volume 45, No. 3, Pages 573-576	
Impact Factor: -	
DOI: http://www.rmj.org.pk/?mno=47503	
Urdu Translation and Adaptation of Brief COPE Scale	2020
Asma Nisa Salma Siddiqui	
Pakistan Journal of Psychological Research, Volume 35, No.1, Pages 01-21	
Impact Factor: 0 Citations: 7	
DOI: https://doi.org/10.33824/PJPR.2020.35.1.1	
Health Status and Quality of Life of Women Seeking Infertility Treatments in Baluchistan, Pakistan	2019
Sehar-Un-Nisa Hassan Bruce D. Friedman Salma Siddiqui	
British Journal of Social Work, Pages 1–18	
Impact Factor: 1.435 Quartile: 2 Citations: 11	
DOI: 10.1093/bjsw/bcz130	
Determining the caregivers' burden in caregivers of patients with mental illness	2019
Salma Siddiqui Javeria Khalid	
Pakistan Journal of Medical Sciences, Volume: 35, Issue: 5, Pages 1329-1333	
Impact Factor: 0.754 Quartile: 4 Citations: 47	
DOI: 10.12669/pjms.35.5.720	

Behavioural and emotional problems among school children in Pakistan: A telephonic survey for prevalence and risk factors <i>Tamkeen Ashraf Malik Salma Siddiqui Ayesha Mahmood</i> <i>Journal of Paediatrics and Child Health</i> , Volume 55(12), Pages 1414-1423 Impact Factor: 1.710 Quartile: 3 Citations: 11 DOI: 10.1111/jpc.14429	2019
Utilizing Collaborative Empiricism in Therapy with Combined Degenerative Spinal Cord Disease: A Case Study <i>Salma Siddiqui Shamyle Rizwan Khan Rehana Noor</i> <i>Pakistan Armed Forces Medical Journal</i> , Vol.68 (4), Pages 1050-1053 Impact Factor: 0	2018
Behaviour and Emotional Health of Adolescent Boys Engaged in Non-Suicidal Self-Injury <i>SALMA PERVEEN SIDDIQUI Sehar-un-Nisa Hassan</i> <i>NUST Journal of Social Sciences and Humanities</i> , NULL Impact Factor: 0 DOI: www.nust.edu.pk/INSTITUTIONS/Schools/.../njssh%20vol%204%20issue%201.pdf	2018
Developing Culturally Relevant Intervention Plan for Psychological Trauma: An Application of Community Based Participatory Research Approach for Mental Health <i>SALMA PERVEEN SIDDIQUI Rashid Qayyum</i> <i>Pakistan Armed Forces Medical Journal</i> , Volume 67 (5), Pages 868-874 Impact Factor: 0 DOI: https://www.pafmj.org/index.php/PAFMJ/article/view/1003	2017
The Relationship between self-reported and clinician rated assessment of depression in clinically depressed patients <i>Rashid Qayyum Salma Siddiqui</i> <i>Pakistan Armed Forces Medical Journal</i> , Volume 66, Issue 2, Pages 221-224 Impact Factor: 0 DOI: https://www.bibliomed.org/?mno=224424	2016
Achieving fertility control through woman's autonomy and access to maternal healthcare: Are we on track? In-depth analysis of PDHS- 2012-13 <i>Sehar-un-Nisa Hassan Ayesha Mahmood Salma Siddiqui</i> <i>Pakistan Journal of Medical Sciences</i> , Vol.31(6), Pages 1355-1360 Impact Factor: 0.544 Quartile: 4 DOI: 10.12669/pjms.316.8354	2015
Self-esteem and depression: exploring the relationship for clinically depressed and their matched controls <i>Salma Siddiqui Munazza Khalid</i> <i>Journal of Pakistan Psychiatric Society</i> , Volume 12, Issue 3 Impact Factor: 0 DOI: -	2015
An empirically based alternative to DSM-5's disruptive mood dysregulation disorder for ICD-11 <i>JOHN E. LOCHMAN SPENCER C. EVANS JEFFREY D. BURKE GEOFFREY M. REED FRANCISCO R. DE LA PENA WALTER MATTHYS LOURDES EZPELETA M. ELENA GARRALDA MICHAEL C. ROBERTS PAULA J. FITE SALMA SIDDIQUI</i> <i>World Psychiatric Association</i> , Volume 14, Issue 1, Pages 30-33 Impact Factor: 20.205 Quartile: 1 Citations: 92 DOI: 10.1002/wps.20176	2015
Internalizing Problems as a Predictor of Change in Externalizing Problems in At-Risk Youth <i>Matthew Jarrett John Lochman Lixin Qu Salma Siddiqui</i> <i>Journal of Clinical Child & Adolescent Psychology</i> , Volume 43, Issue 1, Pages 27-35 Impact Factor: 3.312 Quartile: 1 Citations: 25 DOI: 10.1080/15374416.2013.764823	2014
EMDR: An Effective Therapeutic Technique for Psychiatric Disorders <i>Salma Siddique Rashid Qayyum Maria Mustafa Malik</i> <i>Pakistan Armed Forces Medical Journal</i> , Volume 62, No 2, Pages 314-315 Impact Factor: 0 DOI: -	2012

Health related quality of life assessment in Pakistani paediatric cancer patients using PedsQLTM 4.0 generic core scale and PedsQL? cancer module <i>Zainab Chaudhry Salma Siddiqui</i> <i>Health Qual Life Outcomes</i> , Volume 10, Article Number 52 Impact Factor: 2.272 Quartile: 1 Citations: 25 DOI: 10.1186/1477-7525-10-52	2012
Development of an Indigenous Depression Scale for Adolescent School Girls <i>Mahwesh A Naz Salma Siddiqui</i> <i>Pakistan Journal of Psychological Research</i> , Volume 25, No 2, Pages 115-130 Impact Factor: 0 DOI: -	2010
Hair Coil Strangulation—An Uncommon Cause of Penile Edema <i>Col. Nasser Rashid Dar, F.C.P.S Lt. Col. Rashid Qayyum, F.C.P.S Major Tariq Ghafoor, F.C.P.S Salma Siddiqui</i> <i>Pediatric Dermatology</i> , Volume 24, No 4, E33–E35 Impact Factor: 1.000 Quartile: 3 Citations: 17 DOI: 10.1111/j.1525-1470.2007.00436.x	2007
Siddiqui-Shah Depression Scale (SSDS) Development and Validation <i>Syed Ashiq Ali Shah Salma Siddiqui</i> <i>Psychology and Developing Societies</i> , Volume 9, Issue 2, Pages 245-262 Impact Factor: 0 Citations: 22 DOI: 10.1177/097133369700900205	1997

Conference Proceedings

The Unified Protocol for Depression and Anxiety in Adults: Preliminary Findings from Pakistan <i>Asma Nisa Salma Parveen Siddiqui</i> 2023 BUDAPEST 40th Int'l Conference on Studies in "Literature, Languages, Humanities & Social Sciences" (L2HS2-23), res.country(99,) Citations: N/A DOI: https://doi.org/10.17758/EARES15.F0923405	2023
Addressing Students' Stress in Higher Education through an Online Mindfulness Training Course <i>Anum Sarfraz Dr Salma Parveen Siddiqui</i> 33rd BARCELONA International Conference on Education, Humanities, Social Sciences & Arts (EHSSA-22), res.country(68,) Citations: N/A DOI: 10.17758/EIRAI14.F0522428	2022

Book Chapters

Social and Psychological Well-being during COVID-19 Pandemic <i>Salma Parveen Siddiqui</i> In: <i>Book on COVID-19 Challenges For Pakistan</i> , Chapter 6, Pages 115-128 Citations: N/A DOI: https://s3h.nust.edu.pk/wp-content/uploads/2021/04/COVID-19-Challenges-for-Pakistan.pdf	2020
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Editorial Activities

Reviewed Papers for Journals	2021
Reviewed Papers for Journals	2020
Reviewed Papers for Journals	2020
Reviewed Papers for Journals	2018
Edited Journal Issue / Proceeding / Book	