

Siddrah Irfan

Assistant Professor

School of Social Sciences & Humanities

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About

Dr. Siddrah Irfan is working as Assistant Professor in the School of Social Sciences & Humanities. Dr. Siddrah Irfan has a PhD in Attachment Relationships, Negative Automatic Thoughts, Psychological Problems Among Adolescents. Dr. Siddrah Irfan has published 7 research articles & conference papers having a citation count of 16, carried out 2 projects and filed 0 intellectual property.

Qualifications

PhD in Attachment Relationships, Negative Automatic Thoughts, Psychological Problems Among Adolescents Universiti Putra Malaysia , Malaysia	2016 - 2020
MPhil in Psychology Quaid-i-Azam University , Pakistan	2008 - 2011
MSc in Psychology Quaid-i-Azam University , Pakistan	2006 - 2008
BSc in Psychology chemistry, zoology University of the Punjab , Pakistan	2003 - 2005

Experience

Assistant Professor School of Social Sciences & Humanities	2025- Present
Assistant Professor School of Social Sciences & Humanities	2022 - 2020
Lecturer School of Social Sciences & Humanities	2020 - 2020
Assistant Professor School of Social Sciences & Humanities	2020 - 2022
Lecturer NUST Institute of Peace and Conflict Studies	2013 - 2022
Lecturer NIPCONS , PMA, Abottabad	2013 - 2016
Visiting Faculty Foundation University , Foundation University	2012 - 2012
Research Officer ISPR , ISPR, GHQ, RWP	2008 - 2012

Awards

Best Session and Overall student presenter at ICOSS	2019
Awarded with Gold Medal in BSC	

Research Projects

National Projects

Inclusivity of Neuro-diverse Youngsters in higher education and employment: Data Driven Policy Solution2025

Funding Agency: RASTA, PIDE
Amount: PKR 3,200,000.00
Status: Approved_inprocess

Exploring the Neurodevelopment Disorder Diagnosis Journey of Parents in Pakistan: Identification of Early Behavioral Signs, and role of physical, social, and home environment (structure of house and relationships, social support etc) and medicines taken during pregnancy2023

Funding Agency: NUST
Amount: PKR 430,000.00
Status: Approved_inprocess

International Projects

- Coping with continuous traumatic stressors (gender discrimination, intersected discrimination and COVID-19): the will to exist, live, fight, resist and survive** 2025
Ibrahim Kira Siddrah Irfan Hanaa Shuwiekh Mireille Bujold-Bugeaud
Current Psychology, Pages 1-17
Impact Factor: 2.500 | **Quartile:** 2
DOI: <https://doi.org/10.1007/s12144-025-07828-6>
- Relationship of self-reported pica and avoidant restrictive food intake disorder symptomology with dimensions of impulsivity, perceived stress among Pakistani University students** 2023
Siddrah Irfan Sara Aleem Haqqi
Journal of Eating Disorders, Volume 12, Article Number: 10
Impact Factor: 3.500 | **Quartile:** 1 | **Citations:** 2
DOI: [10.1186/s40337-023-00956-z](https://doi.org/10.1186/s40337-023-00956-z)
- Pain and satisfaction: the case of isolated COVID-19 patients of Pakistan** 2021
Wajiha Haq Siddrah Irfan Syed Hassan Raza Waqar Ahmed Mian Alam Samia Wasif Muhammad Wasif Malik Saeed Ahmad
PeerJ, Volume 9, Article Number e11859
Impact Factor: 3.061 | **Quartile:** 2 | **Citations:** 1
DOI: <https://doi.org/10.7717/peerj.11859>
- Parent-peer attachment, negative automatic thoughts and psychological problems among Pakistani adolescents: A moderated mediation model** 2021
Siddrah Irfan Nor Sheereen Zulkefly
Current Psychology, 1-17
Impact Factor: 2.387 | **Quartile:** 2 | **Citations:** 9
DOI: <https://doi.org/10.1007/s12144-021-01599-6>
- A Pilot Study of Attachment Relationships, Negative Automatic Thoughts and Psychological Problems among College Students in Pakistan** 2020
Siddrah Irfan Nor Sheereen Zulkefly
International Journal of Adolescent Medicine and Health, Pages 1-6
Impact Factor: 0 | **Citations:** 4
DOI: <https://doi.org/10.1515/ijamh-2019-0264>
- The role of negative automatic thoughts as a mediator in the relationship between maternal attachment and depressive symptoms among late adolescents of Pakistan** 2019
Siddrah Irfan Nor Sheereen Zulkefly Tan Kit Aun Siti Irma Fadhillah Ismail
Malaysian Journal of Medicine and Health Sciences, Volume 15(SUPP1), Pages 21-29
Impact Factor: 0
DOI: NA
- Vocational Aspirations of High School Students** 2013
Sumara Masood Ul Hassan Shoaib Kiani Sidra Irfan
ARPN Journal of Science and Technology, Volume 3, No. 12, Pages 1189-1193
Impact Factor: 0
DOI: Nill

Editorial Activities

BMC Nursing Reviewed Papers for Journals Impact Factor: 3.1	2024
International perspectives in psychology Reviewed Papers for Journals Impact Factor: 1.1	2024
Reviewed Papers for Journals Impact Factor: 3.8	2024
Reviewed Papers for Journals Impact Factor: 3.24	2022
Reviewed Papers for Journals Impact Factor: 0.35	2020