

Tamkeen Ashraf Malik

Associate Professor
School of Social Sciences & Humanities

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About

Dr. Tamkeen Ashraf Malik is working as Associate Professor in the School of Social Sciences & Humanities. Dr. Tamkeen Ashraf Malik has a PhD in Developmental Psychopathology. Dr. Tamkeen Ashraf Malik has published 19 research articles & conference papers having a citation count of 58, carried out 0 projects and filed 0 intellectual property.

Qualifications

PhD in Developmental Psychopathology	2007 - 2012
Quaid-i-Azam University , Pakistan	
MSc in Applied Psychology	2002 - 2003
University of the Punjab , Pakistan	
BA in Applied Psychology	1999 - 2000
University of the Punjab , Pakistan	

Experience

Associate Professor	2021- Present
School of Social Sciences & Humanities	
Assistant Professor	2013 - 2021
School of Social Sciences & Humanities	
Assistant Professor	2012 - 2013
School of Social Sciences & Humanities	

Research Articles

Role of father involvement and co-parenting relationship quality in social-emotional behaviors of children and adolescents in Pakistani cultural context. Research model moderated by father’s working hours	2024
Maham Khawaja Tamkeen Ashraf Malik Sumara Masood Ul Hassan	
Current Psychology , Volume: 43, Pages: 17320-17331, Pages: 12	
Impact Factor: 2.8 Quartile: 2 Citations: 3	
DOI: 10.1007/s12144-024-05669-3	
Association of parents cultural orientation, socialization goals and parenting practices in Pakistan	2023
Anowra Khan Tamkeen Ashraf Malik	
Ponte Academic Journal , Volume 79, Issue 11, Pages 33-52	
Impact Factor: 0.100 (AHCI)	
DOI: 10.21506/j.ponte.2023.11.4	
Associations between Behavioral, Emotional, Cognitive Self-Regulation and Adolescent Mental Health and Psychosocial Strengths	2023
Tamkeen Ashraf Malik Anowra Khan Alina Morawska	
Foundation University Journal of Psychology, Volume 7(2), Pages 30-46	
Impact Factor: N/A	
DOI: https://doi.org/10.33897/fujp.v7i2.731	
Reliability and Validity of Urdu Children Anxiety Sensitivity Index (CASI) Scale	2023
Tamkeen Ashraf Malik Anowra Khan	
Foundation University Journal of Psychology, Volume 7, No. 1, Pages 29-38	
Impact Factor: N/A	

DOI: https://doi.org/10.33897/tujp.v7i1.619	
Unmet psycho-social needs, coping strategies and psychological distress among people with cancer: Evidence from Pakistan <i>Nida Shahid Tamkeen Ashraf Malik Akmal Hussain Shaf Ahmed</i> <i>Journal of the Pakistan Medical Association</i> , Volume 71, Issue 5, Pages 1373-1378 Impact Factor: 1.002 Quartile: 4 Citations: 2 DOI: https://doi.org/10.47391/JPMA.1117	2021
Impact of Masculinity and Normative Male Alexithymia on Interpersonal Difficulties in Young Adult Males <i>Hira Liaqat Tamkeen Ashraf Malik Ahmed Bilal</i> <i>Mediterranean Journal of Clinical Psychology</i> , Volume 8, No.2, Pages 1-19 Impact Factor: N/A Citations: 8 DOI: doi.org/10.6092/2282-1619/mjcp-2488	2020
Adaptation and Concurrent Validity of Screen for Children Anxiety Related Emotional Disorders (SCARED) <i>Shaf Ahmed Tamkeen Ashraf Malik Amna Naveed</i> <i>NUST Journal of Social Sciences and Humanities</i> , Volume 6, No. 1, Pages 29-43 Impact Factor: N/A DOI: NA	2020
Translation, Adaptation and Implementation of Coping Cat Program with Pakistani Children <i>Anowra Khan Tamkeen Ashraf Malik Shaf Ahmed Ayesha Riaz</i> <i>Child & Youth Care Forum</i> , Volume 49, Pages 23–41 Impact Factor: 1.355 Quartile: 3 Citations: 9 DOI: https://doi.org/10.1007/s10566-019-09516-6	2019
Behavioural and emotional problems among school children in Pakistan: A telephonic survey for prevalence and risk factors <i>Tamkeen Ashraf Malik Salma Siddiqui Ayesha Mahmood</i> <i>Journal of Paediatrics and Child Health</i> , Volume 55(12), Pages 1414-1423 Impact Factor: 1.710 Quartile: 3 Citations: 11 DOI: 10.1111/jpc.14429	2019
Preliminary Efficacy of a Behavioral Parent Training Program for Children with ADHD in Pakistan <i>Tamkeen Ashraf Malik Mary Rooney Andrea Chronis-Tuscano Naeem Tariq</i> <i>Journal of Attention Disorders</i> , Volume 21, Issue 5, Pages 390-404 Impact Factor: 3.668 Quartile: 1 Citations: 14 DOI: 10.1177/1087054714524158	2017
Factor analytic structure and cross-informant agreement for childhood disruptive behaviour scale <i>Amina Asghar Tamkeen A. Malik</i> <i>Pakistan Journal of Psychological Research</i> , Vol. 31, No. 1, Pages 77-92 Impact Factor: 0 DOI: NA	2016
Parent Training in Reduction of Attention- Deficit/Hyperactivity Disorder and Oppositional Defiant Disorder Symptoms in Children <i>Tamkeen Ashraf Malik Naeem Tariq</i> <i>Pakistan Journal of Psychological Research</i> , Volume 29, Issue 1, Pages 151-169 Impact Factor: 0 DOI: http://www.pjprnip.edu.pk/pjpr/index.php/pjpr/article/view/318	2014
Screening for Dyslexia Among School Children of Allama Iqbal Colony Rawalpindi <i>Tamkeen Ashraf Malik Sarah Mufti Parveen Akhtar</i> <i>Pak Armed Forces Medical Journal</i> , Volume 63, Issue 3, Pages 397-99 Impact Factor: 0 DOI: -	2013
Psychological and Demographic Correlates for Parent Training Program Efficacy for Childhood Externalizing Behavior Problems <i>Tamkeen Ashraf Malik Naeem Tariq</i> <i>FWU journal of Social Sciences</i> , Volume 6, Number 1	2012

Impact Factor: 0
DOI: <https://pdfs.semanticscholar.org/d5c6/5494f31d01b2408493cab1fbd255e2dad14.pdf>

Parental Depression, Stress, Anxiety and Childhood Behavior Problems among Single Parent Families <i>Tamkeen Ashraf Malik Nasira Irshad</i> <i>Journal of Pakistan Psychiatric Society (JPPS)</i> , Volume 9(1), Pages 10-14 Impact Factor: 0 DOI: NA	2012
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Conference Proceedings

Socioemotional skills and executive functions as the predictors of prosocial behavior in adolescents <i>Anowra Khan Tamkeen Ashraf Malik</i> <i>Socioemotional skills and executive functions as the predictors of prosocial behavior in adolescents</i> , res.country(177,) Citations: N/A DOI: Nil	2021
The Disruptive Behavior Disorder Rating Scale- Factor Analytic Structure and cross informant agreement for Urdu Translation <i>Amna Bilal Tamkeen Ashraf Malik</i> <i>5th International Conference In Educational Psychology</i> , res.country(177,) Citations: N/A DOI: http://conference.nip.edu.pk/archives.html	2014
Parent Training for Treating Disruptive Behaviors Associated with Attention Deficit Hyperactivity Disorder (ADHD): A Case History <i>Naeem Tariq Tamkeen Ashraf Malik</i> <i>1st National Conference on Research in Psychology: Indigenous and Cultural Context</i> , res.country(177,) Citations: N/A DOI: http://conference.nip.edu.pk/archives.html	2010

Book Chapters

Challenges in Sexual Issues in South Asian Populations <i>Tamkeen Ashraf Malik Hira Liaqat Ahmed Bilal</i> In: <i>Book on Cultural Differences and the Practice of Sexual Medicine</i> , Chapter 9, Pages 149-163 Citations: 11 DOI: https://doi.org/10.1007/978-3-030-36222-5_9	2020
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Editorial Activities

Child & Youth Care Forum Reviewed Papers for Journals Impact Factor: 2.203	2022
World Journal of Pediatrics Reviewed Papers for Journals Impact Factor: 9.186	2022
Reviewed Papers for Journals	2020
Reviewed Papers for Journals	2020
Edited Journal Issue / Proceeding / Book	2020